

M/J Dance 1-4

	Week	Major Concepts / Topics	Possible Resources
Quarter 1	1	Establish rules, policies and procedures	Technical Manual and Dictionary of Classical Ballet book by Gail Grant
	2	Ballet vocabulary, technique foundations and body placement (5 positions, plie, tendu, degage, rond de jambe...)	Guest artists
	3	Building on basics of ballet, introduction to the basics of jazz dance (across the floor- chasse, skip	
	4	Order of a ballet class (Barre, adagio, petit allegro, grande allegro, reverence)	Cpalms Course descriptions and standards: http://www.cpalms.org/Public/PreviewCourse/Preview/13520 http://www.cpalms.org/Public/PreviewCourse/Preview/13521 http://www.cpalms.org/Public/PreviewCourse/Preview/13522 http://www.cpalms.org/Public/PreviewCourse/Preview/13523
	5	Learn choreography for visual assessment (ex.- adagio exercise to perform in groups)	
	6	Begin learning choreography for dance concert (if fall dance performance is scheduled)	
	7	Continue choreography/review learned choreography and add new choreography	
	8	Vocabulary assessment and body placement assessment (identify ballet positions and steps through pictures)	
	9	Students perform choreography for peer evaluations	
	Week	Major Concepts / Topics	Possible Resources
Quarter 2	1	Students review choreography and critique dances for dance concert	Guest artists
	2	Technical and dress rehearsals for dance concert	
	3	Perform in a dance concert (weeks may vary for different years)	
	4	Self-reflection and evaluations on the performance in journals	
	5	Classes in ballet, jazz and modern. Invite guest artists to teach students new styles.	
	6	View famous works of classical ballet. Students break into groups and begin choreography for holiday style dances	

All standards are designed to be learned by the end of the course. This guide represents a recommended time line and sequence to be used voluntarily by teachers for planning purposes. Specific questions regarding when content will actually be addressed in a specific course is best answered by the individual teacher.

M/J Dance 1-4

	7	Continue choreography in groups for holiday dance pieces.	
	8	Review first semester vocabulary, technique and combinations for exam. Perform holiday style dances in groups for peers.	
	9	Dance assessments (written and/or performance based)	
Quarter 3	Week	Major Concepts / Topics	Possible Resources
	1	Begin improvisational exercises and exploratory movement	
	2	Students react to different styles of music to show understanding of improvisation	
	3	Classes in ballet, jazz and modern	
	4	Classes in ballet, jazz and modern	
	5	Start student choreography pieces. Students will pick music, form groups, develop ideas and concepts for piece, choreograph movements and choose costumes. Students should use improvisational skills to begin their choreography.	
	6	Continue work on student choreography pieces. Start choreography for Spring concert. All students will be learning multiple dances for this performance.	
	7	Finalize student choreography and begin showing peers. Continue choreography for spring dance concert.	
	8	Perform student choreography pieces in a student showcase performance. Continue choreography for spring dance concert.	
	9	Review and reflect on student choreography pieces. Peer evaluate in journals on dance pieces from the concert. Finish choreography for spring dance concert.	
Quarter 4	Week	Major Concepts / Topics	Possible Resources
	1	Rehearse choreography for spring dance concert.	
	2	Peer critiques and performances of dances to be performed in the spring dance concert.	
	3	Technical rehearsal, dress rehearsal and performance. (Date may vary each year)	

All standards are designed to be learned by the end of the course. This guide represents a recommended time line and sequence to be used voluntarily by teachers for planning purposes. Specific questions regarding when content will actually be addressed in a specific course is best answered by the individual teacher.

M/J Dance 1-4

	4	Assign folk/cultural dances from around the world to be presented to the class. Students will take notes and participate in the presentations. Classes in various dance genres.
	5	Students present folk/cultural dance projects. Students may present a PowerPoint or teach choreography in their style of dance. Classes in various dance genres.
	6	Students view video of spring dance concert and write critiques and self-reflections of the concert.
	7	Final dance classes in various styles of dance. (Ballet, jazz, modern, lyrical, contemporary, hip hop...)
	8	Review for final assessments. (Review vocabulary from the entire year, parts of a ballet class, body placement and alignment, famous works of dance...)
	9	Final exams