| Team Sports 1 Essential Learning and Year at a Glance 20-21 |      |      |   |  |  |  |  |  |
|---|------|------|---|--|--|--|--|--|
| Standard  | MP 1 | MP 2 | Description   | Vocabulary and Proposed Units of Study |  |  |  |  |
| PE.912.C.2.9  |      |      | Explain the precautions to be taken when exercising in extreme weather and/or environmental conditions. Clarifications: Some examples of precautions are hydration and appropriate attire.  |  |  |  |  |  |
| PE.912.C.2.20   |      |      | Identify appropriate methods to resolve physical conflict   |  |  |  |  |  |
| PE.912.C.2.21   |      |      | Diagram, explain and justify the use of advanced offensive, defensive and transition strategies and tactics.  |  |  |  |  |  |
| PE.912.C.2.23   |      |      | Apply appropriate technology and analyze data to evaluate, monitor and/or improve performance.  |  |  |  |  |  |
| PE.912.C.2.25   |      |      | Analyze and evaluate risks, safety procedures, rules and equipment associated with specific course activities.  |  |  |  |  |  |
| PE.912.C.2.28   |      |      | Interpret and apply the rules associated with specific course activities.   |  |  |  |  |  |
| PE.912.L.3.4  |      |      | Identify the in-school opportunities for participation in a variety of physical activities.   |  |  |  |  |  |
| PE.912.L.3.5  |      |      | Identify the community opportunities for participation in a variety of physical activities.   |  |  |  |  |  |
| PE.912.L.3.6  |      |      | Identify risks and safety factors that may affect physical activity throughout life.  |  |  |  |  |  |
| PE.912.M.1.5  |      |      | Apply strategies for self-improvement based on individual strengths and needs.  |  |  |  |  |  |
| PE.912.M.1.10   |      |      | Apply sport specific skills in simulation and in real-life applications. <b>Clarifications:</b> An example of a simulation is a practice setting or lead up activity. An example of a real-life application is a game or performance. |  |  |  |  |  |
| PE.912.M.1.15   |      |      | Select and apply sport/activity specific warm-up and cool-down techniques.  |  |  |  |  |  |
| PE.912.M.1.23   |      |      | Demonstrate proficiency of critical elements when striking with objects, implements or body parts.  |  |  |  |  |  |
| PE.912.M.1.31   |      |      | Demonstrate advanced offensive, defensive and transition strategies and tactics.  |  |  |  |  |  |
| PE.912.M.1.32   |      |      | Apply sport specific skills in a varity of game settings.   |  |  |  |  |  |
| PE.912.M.1.33   |      |      | Practice complex motor activities in order to improve performance.  |  |  |  |  |  |
| PE.912.M.1.35   |      |      | Select proper equipment and apply all appropriate safety procedures necessary for participation.  |  |  |  |  |  |
| PE.912.R.5.2  |      |      | Develop strategies for including persons of diverse backgrounds and abilities while participating in a variety of physical activities.  |  |  |  |  |  |
| PE.912.R.5.3  |      |      | Demonstrate sportsmanship during game situations. Clarifications: Some examples are controlling emotions, resolving conflicts, respecting opponents and officials, and accepting both victory and defeat.                             |  |  |  |  |  |

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| PE.912.R.5.4  |      |      | Maintain appropriate personal, social and ethical behavior while participating in a varity of physical activities. <b>Clarifications:</b> Some examples are respecting teammates, opponents and officials, and accepting both victory and defeat. |  |  |  |
| PE.912.R.5.5  |      |      | Demonstrate appropriate etiquette, care of equipment, respect for facilities and safe behaviors while participating in a variety of physical activities.  |  |  |  |
| PE.912.R.6.1  |      |      | Discuss opportunities for participation in a variety of physical activities outside of the school setting that contribute to personal enjoyment and the attainment or maintenance of a healthy lifestyle.   |  |  |  |
| PE.912.R.6.3  |      | I    | Analyze the roles of games, sports and/or physical activities in other cultures.  |  |  |  |