

**ST. JOHNS COUNTY SCHOOL DISTRICT
STUDENT SERVICES DEPARTMENT
Mental Health Services and Support for Students and Families**

THERAPEUTIC/COUNSELING PROVIDERS

The agencies listed are shared only as resources for families. St. Johns County School District does not recommend or endorse any specific agency, and we cannot guarantee the quality of the services or advice they provide. Families should choose the agency that best meets their needs. Please note that SJCS D is not responsible for the services, advice, or outcomes provided by these agencies.

Adapt Behavioral Services (Angela Minett)

Volusia/Flagler/St. Johns Counties

533 N. Nova Road #204, Ormond Beach, FL 32174

386-898-5003 Fax 386-675-6490 www.adapt-fl.com

Medicaid only

*In Home/School Service (symptom reduction)

All Therapies Support Inc.

Melissa Carroll, MA BCBA, LMHC

386-316-3004 Fax 386-220-8281 www.alltherapiessupports.com alltherapies@yahoo.com

Applied behavior analysis, mental health counseling, children's targeted case management

Home based telehealth sessions

Medicaid HMO's accepted, most insurances accepted, Bi-Lingual services available

Dr. Lisa Amato, Licensed Psychologist

135 Professional Drive, Suite 102, Ponte Vedra Beach, FL 32082

904-530-0700 www.Lisaamatophd.com Info@LisaAmatoPhd.com

Does not accept insurance but will provide statements for reimbursement

Ages 6+

Cognitive Behavioral Therapy for depression and anxiety, Parenting Support

Anchored Counseling

Kelly Minter MHC

157 Hampton Point Drive Suite 1, St. Augustine, FL 32092

904-201-9517 kelly@anchoredcounselingfl.com

Self-pay

Awetism Wonderland

180 Center Place Way, St. Augustine, FL 32095

904-342-7103 <https://awetismwonderland.com/>

Recreational therapy, Speech therapy, physical therapy, occupational therapy, music therapy, life skills,

Balance Behavioral Therapy

Liz Moscarillo, MS

6000 A Sawgrass Village Circle, Suite 1 Ponte Vedra Beach, FL 32082

904-604-9469 www.balancebehavioraltherapy.com

Telehealth, self-pay

Life management, resolution therapy, teen/psychoeducation

Beaches Mental Health

315 10th Avenue South, Jacksonville Beach, FL 32250

904-595-7204 <https://beachesmentalhealth.com/> eleni@beachesmentalhealth.com

Self-pay

Ages 10+ Eating disorders, anxiety, self-esteem, depression

Beaches Therapy – DBT & Mindfulness Center

Aubrey Roach-Slivinsky, LCSW, clinical psychotherapist, Kathleen Stevens, LCSW, Courtney Robinson, LMHS

1552 Roberts Dr., Jacksonville Beach, FL 32250

904-299-3420 info@beachestherapy.com <https://www.beachestherapy.com/>

Ages 8 + specializing in tweens/teens

AETNA, UHC, Medicare, major credit cards/self-pay

Emotional dysregulation, Behavior issues, Anxiety, OCD, depressive disorders, life transitional issues, self-harm and suicide ideation, adherent DBT, including group skills groups and individual groups therapy

groupBeacon Pediatric Behavioral Health

12025 San Jose Blvd., Ste 2, Jacksonville, FL 32223 OR 6816 Southpoint Pkwy, Ste 202, Jacksonville, FL 32216

904-419-7792 info@beaconpediatric.com <https://www.beaconpediatric.com/>

Self-pay, Tricare, BCBS, New Directions, Aetna, Mayo/Multi-Plan, Step Up for Students

Sari Newman Bernstein, Ph.D.

12724 Gran Bay Pkwy, Jacksonville, FL 32259

904-332-2525 newmansariphd@gmail.com <https://sarinbernstein.com/>

Aetna, BCBS, United, Tricare, Humana, Cigna

Ages 6+

Psychological evaluations and testing only

Betty Griffin House

2452 Old Moultrie Road, St. Augustine, FL 32084

904-808-8544 <http://bettygriffincenter.org/>

Riverside Counseling (Lori Osachy, MSS, LCSW, Director)

1545 Landon Avenue, Jacksonville, FL 32207

904-737-3232 lori@bodyimagecounseling.com www.bodyimagecounseling.com

Self-pay only/no insurance, telehealth only

Age 3+

Eating disorders, problem behaviors, school phobia, anxiety

Valerie Brink, LMHC, PA

100 Executive Way, Suite 206 Ponte Vedra Beach, FL 32082

904-246-3333 <https://valerie-brink-lmhc-pa.business.site/> valeriebrinklmhc@gmail.com

No insurance accepted

Ages 6-18

specialized training in EMDR for trauma, ERP/CBT for OCD, Anxiety & depression, 25 years of private practice experience, 30 years of expert witness in all aspects of childhood mental health/ trauma/abuse/complex divorces

Lisa Britt, LMHC, PA

157 Hampton Point Drive, Suite 1, St. Augustine, FL 32092

904-466-1106 lisabrittlmhc.com

Telehealth only

Ages 12+

Anxiety, depression, grief, sleep issues

Karen Burnham, LMHC

12627 San Jose Blvd. Suite 301, Jacksonville, FL 32223

904-867-3622

Children 6-10

Elizabeth Cantu, RMFT

822 A1A N., Suite 310, Ponte Vedra, FL 32082

904-662-3079 <https://cantucounseling.com/>

Sliding scale fee; No insurance but will accept co-pay amount as payment

ECMFT Marriage/Family Therapy

Age 16+

Care Connect Plus

100 Whetstone Pl., Suite 303, St. Augustine, FL 32086

904-819-3070 www.careconnectplus.com

Crisis Text Line: Text Care4U to 741741

Center for Autism & Related Disabilities (CARD) @ UF

6271 St. Augustine Rd., Suite 1, Jacksonville, FL 32217

904-633-0760 or **1-800-9-AUTISM** <https://hscj.ufl.edu/pediatrics/autism/>

Any Age

ASD, Autistic Disorder, PDD-NOS, Rett's Disorder, Asperger Syndrome, Childhood Disintegrative Disorder

Coastal Beaches Therapy

Amy Pope-Latham

100 Executive Way, Suite 200, Ponte Vedra Beach, FL 32082

904-280-8006 or **904-470-0503** www.coastalbeachestherapy.com/ amy@coastalbeachestherapy.com

Ages 5+

Does not accept insurance, but will provide paperwork for you to submit

Grief, anxiety, OCD, family issues, academic & behavioral challenges, eating disorders, family/marriage therapy; substance abuse; working with athletes, and sports performance

Coastal Tides

Kristen Cleary, LCSW

12627 San Jose Blvd. Suite 301, Jacksonville, FL 32223

904-299-9699

Age 14+

Insurance/self-pay

Daniel Kids

4203 Southpoint Blvd, Jacksonville, FL 32216

904-296-1055 www.danielkids.org info@danielkids.org

Medicaid
cognitive behavior therapy, behavioral management therapy, art therapy, play therapy, specialized transgender services

D'Arienzo Psychological Group

6058 San Jose Blvd, Jacksonville, FL 32217

904-379-8094 Fax **904-379-8688** <https://www.drdarienzo.com/> admin@darienzopsychology.com

Non-network Tricare provider
Children, adolescents, adults
*Also provides safety and threat assessment, psychosexual evaluations, legal services, custody evaluations

Nichole DeMoya

1100 Plantation Island Dr. Suite 140, St. Augustine 32080 OR

43 Knight Boxx Rd. Orange Park 32065

904-290-4484 nicholedemoya@yahoo.com www.facebook.com/NKDCC

Self-pay (Currently in the process of getting approval for Medicaid, EAP, Tricare, BCBS)

Ages 6+
ADHD, Behavioral Issues, Grief, School Issues, Spirituality, Trauma & PTSD

Devereaux Advanced Behavioral Health

Telehealth Services

407-745-0499 www.devereauxFL.org flcounseling@devereaux.org

Specialized survivor treatment, behavior problems, risky sexual behavior, LGBTQ youth, self-esteem, depression

Elevate Mental Health and Wellness, LLC

Morgan Halton, LCSW

904-419-8531 hello@elevatementalhealthandwellnessllc.com

Age 14+

Self-pay

Enhance Psych, Inc. Dr. Raj Loungani, MD, MPH

822 A1A N., Suite 310, Ponte Vedra Beach, FL 32082

904-473-4963 DrRaj@EnhancePsych.com <https://enhancepsych.com/>

Ages 3+
Anxiety, depression, bipolar, ADHD, LGBTQ/gender identity, autism spectrum disorders, eating disorders

E.S.P. Case Management (Empowerment Service Providers Case Management Professionals, Inc.)

687 Beville Road, Unit A, South Daytona Beach, FL 32119

386-760-7533 fax 386-761-5868 Maryf@espcasemanagement.com www.espcasemanagement.com

Medicaid only
Mental health services, social services

Jennifer Ferguson, LMHC

6817 Southpoint Parkway, Suite 404, Jacksonville, FL 32216 & 402 4th St. N, Jacksonville Beach, FL 32250

904-571-7701 www.fergusoncounselingservices.com jennifer@fergusoncounselingservices.com

Self-pay can help with filing claims/EAP
Ages 3+
Marriage & Family; sexual trauma; sexuality; anxiety, testing, oppositional defiance disorder

First Coast Therapy Group

Wadeldon B. Lynn, PHD (Licensed Clinical Psychologist)
5000 Sawgrass Village Circle, Suite 9, Ponte Vedra Beach, FL 32082
904-280-8555 <http://www.firstcoastcounseling.com/>
AETNA
*Gifted Testing and All Ages

Florida Autism Center

124 Capulet Dr., St. Augustine, FL 32092
904-429-3859 <https://www.flautism.com/locations/saint-augustine/>
12 and under
ABA Therapy, one-on-one, specialty programs
Accepts most private insurances (Aetna, BCBS, Cigna, Medicaid, Tricare, United)

Florida Children's Institute

8777 San Jose Blvd., Suite 801, Jacksonville, FL 32217
904-374-6403 Fax **904-562-3407** www.floridachildrensstitute.com reception@floridachildrensstitute.com
Insurance info determined on a case-by-case basis, depending on diagnosis
ABA and Mental Health Counseling, Behavioral Difficulties, ADHD, Anxiety, Depression, Learning Disabilities or Difficulties, Social Groups, Parent Training, Family Therapy, Tutoring

Elizabeth Flostrand, LMHC

319 W. Town Place, Suite 21 St. Augustine, FL 32092
904-513-8606 www.wavesofchangecounseling.net elizabeth@wavesofchangecounseling.net
Self-pay
Ages 3+
Children, adolescents, anxiety, depression, ADHD, adjustment disorders, trauma, grief, registered play therapist

HAALT Therapeutic Center, PLLC

Full Circle Farm, St. Augustine, FL
904-650-5577 <https://haaltcenter.com/> INFO@HAALTCENTER.COM
Animal-Assisted Therapy (AAT)
Self-pay is NOT reimbursable by insurance currently

Hayden-Davis Counseling, Inc., Wendy Davis, LCSW

305 Kingsley Drive, Suite 702, St. Augustine, FL 32092
904-716-5619 Fax **248-751-5913** www.haydon-davis.com wendy@haydon-davis.com
Ages 6+
AETNA, United, Tricare, CIGNA, Humana/Corp. Health, Value Options, Horizon, Beech Street, Chestnut Health Systems, Corporate Care Works

Jax Therapy Rachel Moran-Brown, LMHC

2200 North Ponce DeLeon Blvd. Suite 3, St. Augustine, FL 32284
904-780-9358 <https://jaxsexualhealth.com/contact-us/>
Age Preteen, Teen
Aetna, Cigna, Evernorth, Florida Blue, Tricare, United HealthCare
Anxiety/Depression/Domestic Violence/Trauma

Jontie Hayes, LCSW

721 A1A Beach Blvd., Suite 5, St. Augustine, FL 32080

904-461-3313 <https://www.bewholecounseling.com/> jontie@comcast.net

AETNA, BCBS, United, Multiple EAPs, Anthem

Family/Teens Trauma, behavior, anxiety, depression

HavenRise Academy

HavenRise Academy is a mental health program providing PHP and IOP levels of care for students in grades six through 12.

We accept all commercial insurance plans out of network.

www.havenriseacademy.com

904-664-7494

The Healing Playroom Ann Farin, LCSW, RPTS & Lori Pickerd, LMHC, RPTS

5150 Palm Valley Rd, Suite 102, Ponte Vedra Beach, FL 32082 (locations also in Riverside & Neptune Beach)

904-746-3320 <https://www.thehealingplayroom.com/>

Tricare, HAS/FSA cards, will provide documentation for out-of-network submission

provides developmentally appropriate counseling for children and families; play therapy for ages 3 – 12; abuse, adoption, anger management, behavioral issues, grief, OCD, trauma, child-parent relationship therapy

Healthy Families — Children's Home Society

25 Deltona Blvd., Suite 5, St. Augustine, FL 32086

904-794-0268 Ext. 201 <https://www.chsfl.org/services/for-parents/healthy-families/>

(Working with youth in Teen Parent Program)

Medicaid

Hummingbird Counseling Services Angela Thompson, MHS, LMHS, CAP

93-A Orange St., St. Augustine, FL 32084

904-717-1684 <https://hummingbird-counseling.com/> angela@hummingbird-counseling.com

Ages 14+

Insurance/self-pay, telehealth

Mental health, addiction, relationships, women's issues; LGBTQ+

Jacksonville Center for Counseling

3560 Cardinal Point Drive, Suite 204, Jacksonville, FL 32257

904-737-7242 <http://jacksonvillecenterforcounseling.com> jaxcenterforcounseling@gmail.com

EAP's most insurances (BCBS, CIGNA, AETNA, United)

Stephen J. Kavanagh, LMHC**Tracey Kavanagh, LMHC**

1637 Race Track Road, Suite 221, St. Johns, FL 32259 or 1000 Riverside Avenue, Suite 312, Jacksonville, 32259

904-240-2679 <https://kavanaghcounseling.com/>

Ages 12+

BCBS, CIGNA (out-of-network provider)

Depression, Anxiety, Behavior, gay/lesbian issues, grief & bereavement, OCD

Kopp's Counseling & Consulting Services, Inc., Jamie Kopp, LMHC

8825 Perimeter Park Blvd., Suite 601, Jacksonville, FL 32216

904-923-3605 <http://www.koppscounseling.com/> help@koppscounseling.com

Ages 3+

CIGNA, Tri-Care and self-pay

Grief/Family dynamics/ Suicide/Abuse/Relationships/Stress/Anxiety/ADD

Life Counseling Center

8825 Perimeter Park Blvd., Suite 601, Jacksonville, FL 32216

904-997-0195 Fax: 904-997-0163 <https://lccjax.com/>

Ages 5+

Tricare, BCBS PPO only, Medicare, Cigna, Aetna, United Avmed

The Life Source Group LLC

248 Southpark Circle East, St. Augustine, FL 32084

904-797-5680 Fax: 904-797-5681 <https://lifesourcegroup.com/>

Some insurance accepted

Free Graduate intern offered

Family/Marriage Counseling, Individual Counseling, Grief Counseling, depression, anxiety, substance abuse, EMDR, hypnosis, eating disorders, trauma

Mandala Family Wellness

161 Canal Blvd., Ponte Vedra Beach, FL 32082

904-834-7581 Fax 904-834-7559 <https://mandalafamilywellness.com/>

Individual therapy, family therapy, group therapy, parent-child interaction therapy, parent workshops, psychological testing, PCIT, ABA, SP

Self-pay

Mandarin Counseling

12058 San Jose Blvd., Suite 703, Jacksonville, FL 32223

904-260-0454 www.mandarin counseling.com

Ages 6+

BCBS, AETNA, CIGNA, Value Options, Tricare, Humana, United-Medicaid, Magellan

Megan Logan, LCSW

157 Hampton Pt. Dr., Suite 1, St. Augustine, FL 32092

904-553-8398 info@meganloganlcsw.com <https://www.meganloganlcsw.com/>

EMDR Certified

Ages 5-17, Adults

Check first to see if accepting new patients limited after school hours

Depression/anxiety, grief and loss, eating disorders

AETNA, Humana/Lifesync, United

Robert (Bob) McQueen, LMHC, MAC, Christian Counseling of Fleming Island

3500 State Road 16, St. Augustine, FL 32092

904-651-3237 <http://christiancounselingflemingisland.com/about-us.html>

Age 11+

Accepts all major insurances except Humana

Substance abuse, trauma

Modern Therapy & Counseling

January Turner, LMHC

88 Riberia Street, Suite 150, St. Augustine, FL 32084

904-392-1505 moderntherapycounseling@yahoo.com www.moderntherapychick.com

*Ages 5+ Life coaching, Individual, Family, and Play Therapy

Tricare, Blue Cross, Humana, United, Aetna, Cigna, Value Options, ComPsych, Health Advocate, E4 Health, Medicaid, private pay, and out-of-network. (handicap/wheelchair accessible office)

Montesinos Counseling Services Steven Montesinos, LMHC

4720 Salisbury Road, Suite 242, Jacksonville, FL 32256

904-701-4662 Fax 888-974-3915 <https://www.montesinoscounseling.com/>

Aetna, United Healthcare, Tricare, Oscar Health, Oxford will help file claims for out-of-network

Depression, anxiety, OCD, phobias, grief, trauma, identity development, spiritual matters, and low self-esteem

Frank Morelli, M.A., LMHC

****telehealth ONLY****

PO Box 600100, Jacksonville, FL 32260

904-410-6324 Fax 855-823-3434 www.changeyourthinking.com fmorelli@changeyourthinking.com

Ages 6+

BCBS, Florida Health Care Plans, United Health Care (Optum)

OCD, Anxiety Disorders

Melissa Muller, LMHC

1301 Plantation Island Drive, Suite 201A, St. Augustine, FL 32080

907-617-2372 www.melissamullercounseling.com

Self-pay; will provide insurance documentation, out of network with most insurance companies

Depression, anxiety, eating disorders, divorce, parenting, LGBTQ, self-mutilation, transgender

NAMI (National Alliance for Mentally Ill)

St. Johns Family Support Grp meets every week in St. Augustine area (check website for exact schedule)

P. O. Box 3374, St. Augustine, FL 32086-0208

904-827-7404 www.namivfsj.org email: support@namivfsj.org

Nautilus Behavioral Health

12412 San Jose Blvd., Suite 203, Jacksonville, FL 32223

904-432-3321 admin@nautilusbehavioralhealth.com <http://www.nautilusbehavioralhealth.com>

Aetna, Tricare

Ages 3-24

New Growth Counseling

Caitlin Fay LCSW, Melissa Vollhardt, MS

5118 A1A S, St. Augustine, FL 32080

904-999-4626 grow@newgrowthsta.com <https://www.newgrowthsta.com/>

Anxiety, depression, adjustment disorder, PTSD, trauma

Ages 2+

Self-pay (will provide paperwork to submit for insurance)

New Path Psychological Services

David Jedrzejewski, LMHC, LMT

6282 East Dupont Station Court, Unit 2, Jacksonville, FL 32217

904-900-3594 newpathpsy@gmail.com

Self-Pay, Tricare, Ambetter

Ages 3+ for services, 6+ for testing, gifted testing all ages

Therapy/Family Counseling/Various Testing

Oceanside Family Therapy, Nicole Story, LMHC, LMFT

328 2nd Ave. N., Jacksonville Beach, FL 32250

904-234-0574 Fax **904-758-5328** www.oceansidefamilytherapy.com nicole@oceansidefamilytherapy.com

TriCare or self pay (will provide paperwork to submit to insurance)

Children/adolescents

ADHD, animal-assisted therapy, court/forensic services, autism spectrum, child/play therapy

Pathways (Counseling & Consulting)

Maria Adigweme, LMHC, CAP; Daniel Button, LCSW; Melanie Mickey, I-MHC

9521 Shellie Rd, Suite 15, Jacksonville, FL 32257

904-619-3010 Fax **904-619-3233** www.pathwaysbh.com

Accepts most insurances

Ages 5+

Anxiety, depression, PTSD, grief & loss, family issues, school related issues, substance abuse

Phases of Healing Counseling & Therapy

Angela Fusco, LMHC, Jaime Mericle, LMHC, Jenn Mejia, LCSW

In Network Insurance Accepted: United Healthcare, United EAP. Aetna, Aetna EAP, Cigna, Cigna EAP

MAIN: (904) 347-0843

PHASESOFHEALING@GMAIL.COM

Jeff Piercy, M.S., LMHC

T.C.I. Therapy, LLC

1637 Race Track Road, St. Johns, FL 32259

904-716-3828 tcitherapy@gmail.com

TriCare (Standard and Wellcare), Medicaid, Healthy Kids

Ages 13+

self-harm, aggression, suicidal ideations, addiction, self-esteem, stress, anxiety, relaxation, defiance, depression, coping, impulse control, family therapy, abuse

Psych Ed Connections

460 Town Plaza Avenue, Ponte Vedra, FL 32081

904-834-9292 Info-fl@psychedconnections.com www.psychedconnections.com

Testing & Psychological Assessment (Psychoeducational Diagnostic, Gifted Diagnostic, Adult ADHD, Neuropsychological Diagnostic),

Psych Ed Coaches (ADHD/Executive Function Coaching), Psychotherapy (Individual & Family)

Will provide receipts for submittal to insurance

Puzzle Peace Counseling

5270 Palm Valley Road, Ponte Vedra Beach, FL 32082

904-501-3809 <https://puzzlepeacecounseling.com/> janeen@puzzlepeacecounseling.com

Ages 6+

Will provide paperwork to submit to insurance

Children, Adolescents, families, depression, anxiety, developmental delays, autism, trauma, marriage & family

Relate Counseling Tina Wood MFTI

145 Land Grant Street, Suite 3, St. Augustine, FL 32092

801-814-0059 <mailto:INFO@RELATECOUNSELINGSERVICES.COM>

Substance Abuse, Anxiety & Depression, Trauma

Kristin Rispoli

12443 San Jose Blvd, Jacksonville, FL 32223

904-372-8916

Aetna, Humana, Optum, United Healthcare

Anxiety, Depression, Self-esteem

In-person and telehealth available

St. Augustine Behavioral Health, LLC

155 San Marco Avenue, St. Augustine, FL 32084

904-826-9395 www.SABHLLC.com info@SABHLLC.com

M-Fri 8 am-8:30 pm, Sat. appts. available

Life Synch, Aetna, Psych Care, Self-Pay EAP, Humana

Edna Schaefer, LMHC

406 McIntosh Ave., Orange Park, FL 32073

904-375-1243 www.escounseling.com

AETNA, Beacon, Cigna, Humana, United, Tricare, EAPs

Children & Adolescence/Play Therapy/CBT/Brief, Solution-Focused Therapy/Adoption Home Study

In-person and **telehealth** options

SEED Psychotherapy and Wellness

Bethany G. Restrepo, LCSW

seedpsychotherapyandwellness.com

Out-Of-Network Provider

Specialties: Eating Disorders, Anxiety, Depression, Grief/Loss.

Faith-based, if preferred, but not exclusively faith-based.

Virtual and in-office sessions available

646-640-6864

<https://seedpsychotherapyandwellness.com/contact>

Shreders, Karly LMHC

12058 San Jose Blvd, Suite 104, Jacksonville, FL 32223

904-615-8314 <https://counselingrelationships.com/>

BlueCross and BlueShield, Cigna, Florida Blue, Humana, New Directions, TRICARE, UnitedHealthcare UHC | UBH

Trauma and PTSD, Relationship Issues, Emotional Disturbance

R. Michael Stapleton, Jr., M.A., LMHC

Stapleton Consulting Services

145 Hilden Rd., Unit 108, Ponte Vedra, FL 32081

904-502-1952 mike@stapletonconsultingservices.com www.stapletonconsultingservices.com

Saturday hours by appt. only

Individual, Family, Group Therapy

Self-Pay — sliding scale fee, will provide invoices for insurance reimbursement

Stewart Marchman Behavioral Act

200 San Sebastian View, St. Augustine, FL 32084

904-209-6200; 800-539-4228 <https://smahealthcare.org/>

St. Johns County Behavioral Health Consortium

www.sjcbhc.com

The focus of this consortium is to help increase access to behavioral health services for children, adults, and families within St. Johns C

Joan Thurston, Ed.D., LMHC

12443 San Jose Blvd. # 202, Jacksonville, FL 32223

904-208-0208 jthurston28@gmail.com

Most insurance

Adolescents 14 to 19; individual, family, group, depression, anxiety, family conflict, school issues, time management, transition to colle

Dr. Townsend & Associates

9 St. Johns Medical Park Drive, St. Augustine, FL 32086

904-797-2705 Fax- **904-797-2820** <http://www.dr-townsendandassociates.com/>

Ages 5+

AETNA, BCBS, Medicare, Value Options, TriCare, United

Tree of Life Counseling Services, LLC, Jessica Beal, MS, LMHC

****Only telehealth/Zoom at this time****

904-947-0531 www.treeoflifestaug.com jessica@treeoflifecs.com

United Healthcare, Oxford Health Plans, Aetna, UMR, Oscar, UCH Student Resources

Anxiety, depression, mood disorders, relationship issues, social skills, trauma

Turning Tides Eating Disorder Treatment Center

4300 Marsh Landing Blvd., #101, Jacksonville Beach, FL 32250

904-947-0531 <https://www.turningtidesed.com> info@turningtidesed.com

Ages 12+

Aetna, BCBS, Cigna, Humana & Tricare

Anorexia, Bulimia, Binge Eating, Body Dysmorphia, Eating Disorders in Athletes

Wihnyk, Marykate, LMHC

12443 San Jose Boulevard, Suite 202, Jacksonville, FL 32223

904-265-9105 <https://www.psychologytoday.com/us/therapists/marykate-wihnyk-jacksonville-fl/873312>

Ages 10+

Aetna | Aetna Coventry, Optum, TRICARE, UnitedHealthcare UHC | UBH

Depression, Anxiety, Behavioral Issues

Allison B. Ventura, PhD, Licensed Child & Adolescent Psychologist, Department of Psychiatry

Department of Psychiatry, University of Florida, College of Medicine — Jacksonville

6226 Dupont Station Court, Jacksonville, FL 32217

904-383-1038 Fax **904-383-1660** <https://ufhealthjax.org/doctors/2943/allison-ventura/>

****Not accepting new patients**

DBT Adolescent Skills groups, inquire about availability

Liz Villanueva, LMHC (Spanish speaking) Old City Counseling

6277 A1A South, Suite 202, St. Augustine, FL 32080

904-834-5051 Fax: **904-372-6157** lizvillanuevacounseling@gmail.com

Trauma

Ages 13+, couples, families, psychological testing

All Insurances — out of network benefits provider

Stephanie Vavilala, Healing Hearts for Therapy for ABA

180 Center Place Way, St. Augustine, FL 32095

904-342-7103

Enrichment Program 3-6, BCBA

Wellbeing Counseling and Wellness St. Augustine

Melody Ott, LCSW; Maren Villavisanis; LCSW, Jill Meehan, LCSW; Erika Mills, LMHC; Jim Jenkins, LMHC

101 Whitehall Drive, Suite 106 St. Augustine, FL 32086

904-553-9283 or 904-501-6134

melody@wellbeingstaugustine.com maren@wellbeingstaugustine.com www.wellbeingstaugustine.com

Individual, art, play, family therapy, and teen dialectical behavioral therapy

Ages 3 +

Sliding scale available, will provide statements for insurance reimbursement submittal

Youth Crisis Center (YCC)

3015 Parental Home Road, Jacksonville, FL 32216

904-725-6662 <https://youthcrisiscenter.org/>

THERAPEUTIC /COUNSELING AND PSYCHIATRIC PROVIDERS

Dr. Stanley Cohen, DO

Professional Ctr. @ Palencia Commons

354 Paseo Reyes Drive, St. Augustine, FL 32095

904-808-8595 <https://www.stanleycohenpsychiatrist.com/>

Ages 4+

BCBS, TriCare Standard, Medicare

*Specializes in adult, child & adolescent psychiatry

EPIC Community Services

1400 Old Dixie Hwy, St. Augustine, FL 32084

904-829-2273 www.epicbh.org

Dr. Rebecca Farinas, MD Psychiatrist

7545 Centurion Pkwy., Jacksonville, FL 32256

904-997-7776 <http://rebeccafarinasmd.com/>

AETNA, CIGNA, Humana, TriCare

Dr. Eneida Gomez, MD Psychiatrist, Panacea Alliance

1750 Tree Blvd, Suite 5, St. Augustine, FL 32084

904-342-0672 <http://panaceaalliance.net/>

AETNA, AvMed, BCBS Florida, CIGNA, Commercial Insurance Co, Coventry Health Care, Golden Rule, Mail Handlers Benefit Plan, Medical Mutual of Ohio, Medicare

Marsh Landing Behavioral Group

1538 The Greens Way #101, Jacksonville Beach, FL 32250

904-543-0161 <https://www.mlbggroup.com/>

Ages 7+ - Meds.

Ages 3+ - Counseling

Does not accept insurance, but will file to out of network benefits as a courtesy

Emanuel Martinez & Associates, Dr. Emanuel Martinez, Psychiatrist

World Golf Village 315 West Town Place, Suite 3, St. Augustine, FL 32092

904-940-2200 OR

1555 Kingsley Ave., Suite 101, Orange Park, FL 32073

904-278-4999 <https://www.my-psychiatrist.net/>

Ages 16+

Accepts most insurances

Therapy providers available as well

Dr. Imtiaz Rasul, Psychiatrist (Avenues)

10175 Fortune Parkway, Suite 104, Jacksonville, FL 32256

904-379-8748 Fax **904-379-8796** <http://www.jaxpsych.org/>

Tricare, Medicare, MCBS, Etna, Most commercial insurance

All ages

Retreat at Ponte Vedra Beach Dr. Theresa Randazzo-Burton, Child, Adolescent, Adult Psychiatrist

35 Executive Way, Suite 104, Ponte Vedra Beach, FL 32082

904-335-3252 <http://www.retreatpvb.com/> wellness@retreatpvb.com

Ages 7+

Self pay (will provide paperwork to submit to insurance); NO Medicaid

Depression, Anxiety, Mood Disorders, ADHD, Life Transitions, Medication Management and Psychotherapy

Dr. Stephanie Sims, Psychiatrist

6266 Dupont Station ct., Jacksonville, FL 32217

904-383-1038 Fax **904-244-4486** <https://ufhealthjax.org/doctors/1590/stephanie-sims/>

AETNA, BCBS, CIGNA, First Health PPO, Great West PPO, Humana, MultiPlan PPO

Stewart Marchman Behavioral Act

200 San Sebastian View, St. Augustine, FL 32084

904/209-6200; 800-539-4228

<https://www.smabehavioral.org/>

Vijapura Behavioral Health

9141 Cypress Green Dr. Ste 1, Jacksonville, FL 32256 **904-733-7333** <https://www.vijapura.com/>

info@vijapura.com

Ages 5+

Aetna, Cigna, Medicare, Tricare, United Health Care

Depression, bipolar, ADHD, anxiety, PTSD, OCD, drug/alcohol addiction

BEREAVEMENT/GRIEF COUNSELING

Community Hospice

St. Augustine/St Johns County Office

525 State Road 16, Suite 112, St. Augustine, FL 32084

904-407-6500 or **866-253-6681** (toll-free) <https://www.communityhospice.com/>

****only for families that have gone through Hospice programming****

The Compassionate Friends, Chapter #2329

St. Johns County*:

Pam Robinson **864-419-8715**; Rosemarie Smith **904-509-7268**

[https://www.compassionatefriends.org/chapter/tcf-of-st-johns-county/](https://www.compassionatefriends.org/chapter/tcf-of-st-johns-county/tcfstjohnscounty@outlook.com)

tcfstjohnscounty@outlook.com

*Chapter is currently inactive, offering phone support

Duval County:

904-308-7481 or **904-562-0530** tcf_jax.op@gmail.com

3120 Hendricks Avenue, Jacksonville, FL 32207

Meeting: 2nd Monday of each month @ 7:00 pm

MEDICAID PROVIDERS FOR CHILD/ADOLESCENT SERVICES (COUNSELING/MEDICATION MANAGEMENT)**COUNSELING AND PSYCHIATRIC PROVIDERS**

EPIC Community Services

1400 Old Dixie Hwy, St. Augustine, FL 32084

904-829-2273 www.epiccommunityservice.org

Stewart Marchman Behavioral Act

200 San Sebastian View, St. Augustine, FL 32084

904-209-6200; 800-539-4228

<https://www.smabehavioral.org/>

COUNSELING ONLY

Children's Home Society

25 Deltona Blvd., Suite 5, St. Augustine, FL 32086

904-794-0268 <https://www.chsfl.org/>

SUBSTANCE ABUSE COUNSELING

EPIC Community Services

1400 Old Dixie Hwy, St. Augustine, FL 32084

904-829-2273 www.epiccommunityservice.org

Counseling for substance abuse, anger management & mentoring services for children

Gateway Community Services

904-387-4661

www.gatewaycommunity.com

Counseling, outpatient and inpatient services for substance abuse

Meridian Behavioral Health Care**800-330-5615** www.mbhci.org

Mental health services, addiction counseling, and trauma-informed care

CRISIS STABILIZATION UNITS

Flagler Health + (for 18 and over)

400 Health Park Blvd, St. Augustine, FL 32086

904-819-5155 <https://www.flaglerhealth.org/services/behavioral-health/>**HALIFAX BEHAVIORAL HEALTH**

841 Jimmy Ann Drive, Daytona Beach, FL 32117

386-425-3900 <https://www.halifaxhealth.org/services-treatments/our-services/behavioral-health>**MHRC (Mental Health Resource Center of Jacksonville)**3333 W 20th Street, Jacksonville, FL 32254**904-695-9145** <http://www.mhrcflorida.com/>**SAYS St. Augustine Youth Services**

Crisis Text Line: Text CARE4U to 741741

Call 2-1-1 to request the Mobile Response Team

WOLFSON CHILDREN'S HOSPITAL

800 Prudential Drive, Jacksonville, FL 32207

*Accepts some private insurance only

*Also has a partial hospitalization program

904-202-2000 <https://www.wolfsonchildrens.com/>

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