

**USE YOUR  
SUPERHERO  
POWER**

**Make Their Day!**

*Vicki Moody* **Executive Assistant to the Superintendent**

I'm not sure how I feel about this. I can't stop laughing! I may be ugly, but at least they gave me a tiara!

**What would you  
look like as a DOG?**



**Human  
Vicki**

**Dog  
Vicki**



Play Game

# Your Super Hero Power Make Their Day!



**Vicki Moody**

*Executive Assistant to the Superintendent*

- **Do you like your job?**
- **Do you like your co-workers?**
- **Have you had someone at work drive you nuts!**



**Can We  
Talk!**





Meet Carol Video

<https://www.youtube.com/watch?v=WDKpvu6LN7Q>



**Wasn't This Supposed  
to Be a Nice Session?**



# Little Things I've Learned Along the Way




**So How Do WE Do It?**

**J O Y**




# JOY BRINGS...



**Positive  
Attitudes**

# JOY BRINGS...



Positive  
Attitudes

Increased  
Productivity

***A published study by The Telegraph tells us:***

**❖ 99,117 hours of our  
lives are spent at work**

**In 2008, CPP Inc.--publishers of the Myers-Briggs Assessment and the Thomas-Kilmann Conflict Mode Instrument--commissioned a study on workplace conflict**

**They found that U.S. employees spent 2.8 hours per week dealing with conflict. This amounts to approximately \$359 billion in paid hours (*based on average hourly earnings of \$17.95*)**

# JOY BRINGS...

Positive  
Attitudes

Increased  
Productivity

**SUCCESS!**

# **What are the Benefits of JOY in the Workplace?**

- **Respect**
- **Trust**
- **Loyalty**
- **Caring**

**Make  
Their Day?**





# **SHOW TEAM SPIRIT BE THE COACH AND THE CHEERLEADER**

- ❖ **Be supportive**
- ❖ **Find the positive**
- ❖ **Focus on the BIG picture**

# **What Goes Around Comes Around**



Feeling *gratitude*  
and not expressing it

is like *wrapping*  
*a present*



and not  
giving it.

– William Arthur Ward

# Show Gratitude

# **Simple Ways to Show Gratitude**

**Write a note**

**Listen with your heart**

**Be gracious**

**Carry a Load**

**Lend a Hand**

**Do a favor**

**Praise the work of others**

**Just be there**

**Pay it forward**

**Volunteer**

**Donate to charity**

**SMILE!**

**Share your JOY!**

**Say Thank YOU!**

# **BONUS!**



# **Don't Take Yourself Too Seriously!**

❖ **Be Supportive!**

❖ **Be Real!**

❖ **Have Fun!**

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