

**Middle School Physical Education (P.E.) Waiver Request Form
Grades 6-8**

In Florida, middle school students enrolled in a school that contains grades 6-8 are required to take the equivalent of one class period per day of physical education for one semester of each school year.

This requirement may be waived by the following:

- The student is enrolled in or required to be enrolled in a remedial course.
- The student participates in physical activities outside of the school day that are equal to or exceed the required 67.5 hours per school year. The student must then enroll in another course offered by the school, based on availability.
- The student's parent or guardian submits a written request for the student to enroll in another course offered by the school, based on availability.

Submission of this form constitutes a request to waive the P.E. requirement. One form must be completed for each student. School districts are not required to provide additional course offerings for students eligible for P.E. waivers.

I request my child _____ be allowed to waive the P.E. requirement for the _____ - _____ school year based on one of the following criteria:

Option 1: Outside Physical Activity Waiver

My child participates in physical fitness activities outside of the school day that are equal to or greater than the P.E. hours required by state statute and will enroll in an additional course offered at his/her school based on availability.

Preferred alternate course: _____

Type of physical activity outside of school: _____

Number of weeks per year: _____

Number of minutes per week: _____

Parent Acknowledgment:

I understand that:

- My child must meet all prerequisites for the alternate course selected.
- My child is required to receive 300 minutes of instruction during the school day and participation in physical activities outside the school day does not reduce the 300-minute instructional requirement.
- The school district may request documentation verifying completion of the required P.E. hours through alternate activities.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

Option 2: Parent-Requested Alternate Course Waiver

I request permission for my child to enroll in an alternate course offered at his/her school in lieu of P.E., based on course availability.

Preferred alternate course: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____