



Notification and Instructions for Physical Education High School Waiver

Florida statute requires students to take one (1) credit of physical education in high school, which must include the integration of health. This course requirement can be satisfied when students successfully complete Health Opportunities through Physical Education (HOPE), a one-year course.

The only alternative options approved by the State of Florida to waive the one credit is the following:

- Students who participate in an interscholastic sport at the junior varsity or varsity level for two full seasons have the option to waive the full one-credit requirement for HOPE. This also includes competitive cheerleading in high schools that compete in events sanctioned through the Florida High School Athletic Association (FHSAA). A full season is defined as, attendance and participation in both the practices and competitive events from the first day allowable by the FHSAA to the elimination of the team from the FHSAA tournament competition. Students using this to waive the course are still required to complete 24 credits for the standard diploma.

The only alternative options approved by the State of Florida to satisfy the one credit is the following:

- Completion of two full years in a Reserve Officer Training Corps (R.O.T.C.) class, a significant component of which is drills, may satisfy the full one-credit requirement in physical education and one full credit requirement for performing arts.

Statement of Understanding

It is important to note that students who choose to waive the HOPE course with participation in athletics, or who choose to satisfy the credit with ROTC will not receive comprehensive Health or Physical Education. By executing this waiver, you are acknowledging that your child will have little to no exposure to the statutory requirements of comprehensive Health Education.

As a Parent/legal guardian, I understand the above and give permission for the school to (initial below):

_____ Waive the PE requirement because my child participated in two seasons of junior varsity or varsity sports.

_____ Satisfy the PE requirement because my child completed two years of R.O.T.C.

_____ Satisfy the required one credit for performing arts based on the above information.

Parent Name and Signature

Date

I have read and understand the above information.

Student Name and Signature

Date



Physical Education High School Waiver Request

Student Name: _____ Student Number: _____

School: _____ Date: _____

Counselor (Name and signature) _____

Section I - Junior Varsity or Varsity Sports *

Season 1 _____ Season 2 _____

The above student participated in an interscholastic sport at the junior varsity or varsity level for two full seasons.

Athletic Director (Name and Signature) _____

Date: _____

The above student participated in two seasons of FHSAA sanctioned competitive cheerleading.

Principal's Designee (Name and Signature) _____

Date: ____/____/____

Section II - R.O.T. C. Courses Completed:

The above student's transcript indicates successful completion of two full years of R.O.T.C.

School Counselor's initials _____

Date: ____/____/____

Course Codes: After both sides of this form have been signed by all parties, the school counselor should ensure it is placed in the student's file and the school registrar enters the appropriate course code information in eSchool.

1500410- INTERSCH SSN 1 – COM	1500420 - INTERSCH SSN 2 – COM
1500450 - JROTC/PE YR1 WAIVER	1500460 - JROTC/PE YR2 WAIVER
1500480 - JROTC/PE/Performing Arts WAIVER	

* Transfer students must provide written documentation (faxed or emailed is acceptable) from their prior school that states the student participated in a Junior Varsity and or Varsity sport as defined on page one.