

# BROOKS<sup>®</sup> Rehabilitation Pediatric Recreation

## Special Events

### Parents Day Out

Games, activities and snacks are provided for children and siblings while parents can enjoy some free time

### Jump Back Into School

Enjoy a night of jumping at Pump at Up

### Brooks Lil' Putters

Partnering with our friends at the First Tee of North Florida kids can explore the basics of golf

### Horsin' Around at Hope

Hope Therapy provides us with a day on the farm to visit with horses and play fun games and activities

### Brooks On Ice

Kids of all ages and abilities can try out ice skating or sled hockey at this annual event

### Disney Dance Day

Crafts, movement games and learning to dance to hit Disney songs

### Wheelin' Warriors

A fitness and fun event for youth with mobility impairments



To register please call (904) 345 - 7501 or  
email [PediatricRecreation@BrooksRehab.org](mailto:PediatricRecreation@BrooksRehab.org)  
3599 University Blvd S., Jacksonville FL 32216

**BrooksRehab.org**  
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## Rehabilitation

### Pediatric Recreation

#### Weekly Classes

- Aqua Challenge** Fun, fitness and endurance pool class
- Aqua Play** Comfort in water and social skills for younger kids
- Adapted Aquatics** A Red Cross based learn to swim class
- Splash & Dash** Two-part land and water class
- Sports Explorers** Each week kids will explore the basics of a new sport
- PAR Players** Our Sports Explorers class modified for younger kids
- Brooks Kooking for Kids** Kids will make a new recipe each week
- Brooks Krafty Kids** Focuses on a new craft and following directions each week
- Pitch Perfect Peds** Led by our music therapist – interactive songs and dances
- Tunes-N-Tots** Interactive songs and dances for our younger kids
- Movers & Groovers** A dance class focused on coordination and body awareness
- Tiny Dancers** Our Movers & Groovers class modified for younger kids
- Club PAR** Social group for teens



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