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| Quarter 1 | **Week** | **Major Concepts / Topics** | **Possible Resources** |
| 1 | Rules & Procedures | **Terms to know:** plie’, tendu, degage, rond de jambe, battement, triplet, contraction, spiral, over curve, under curve, jazz walk, isolation, chasse, pirouette, pivot  **People to know**: The Ballet Russe, Isadora Duncan, Ruth St Denis, Ted Shawn, Martha Graham, Bob Fosse |
| 2 | Intro to Ballet: Positions of the feet & arms, posture, basic ballet barre |
| 3 | Intro to Ballet: basic ballet barre & center |
| 4 | Intro to Ballet + Performance Assessment (basic center port de bras & tendu combination) |
| 5 | Intro to Modern Dance: Movement of the spine, body halves, lateral movement |
| 6 | Intro to Modern Dance: Graham Basics |
| 7 | Intro to Modern Dance + Performance Assessment (prances, swings, triplets etc) |
| 8 | Intro to Jazz Dance: jazz walks , isolations, chasse’ |
| 9 | Intro to Jazz Dance: pirouette, pas de bourre, battement, leap |
|  | 10 | Intro to Jazz Dance + Performance Assessment (battement, chasse’, jazz walks)  Terminology Assessment |
| Quarter 2  Oct 20 – Dec 18 | **Week** | **Major Concepts / Topics** | **Possible Resources** |
| 1 | Ballet: review posture, barre | Terms to know: frappe’, fondu, changement, petit allegro, adagio, improvisation, choreography, choreographer, dynamics, ABBA  People to know: George Balanchine, Jose’ Limon, Gus Giordano, Michael Jackson |
| 2 | Ballet: focus on turn-out and using the feet |
| 3 | Ballet: Assessment- petit allegro |
| 4 | Modern: Improvisation |
| 5 | Modern: Intro to choreography |
| 6 | Modern: Assessment- ABBA |
| 7 | Jazz: Commercial |
| 8 | Jazz: Broadway |
| 9 | Jazz: Assessment- commercial Jazz  Mid Term Assessment |
| Quarter 3  Jan 6 – Mar 17 | **Week** | **Major Concepts / Topics** | **Possible Resources** |
| 1 | Performance Rehearsal & Technique Class | Terms to know: ALL parts of the stage, critique, Ballet Terms  Project: Dance Company Research |
| 2 | Performance Rehearsal & Technique Class |
| 3 | Performance Rehearsal & Technique Class |
| 4 | Performance Rehearsal & Technique Class |
| 5 | Performance Rehearsal & Technique Class |
| 6 | Performance Rehearsal & Technique Class |
| 7 | Performance Rehearsal & Technique Class |
| 8 | Performance Rehearsal & Technique Class |
| 9 | Performance Rehearsal & Technique Class  Performance Assessment |
| Quarter 4  Mar 29 – May 26 | **Week** | **Major Concepts / Topics** | **Possible Resources** |
| 1 | Performance Rehearsal & Technique Class | Terms to know: Review ALL  Project: Dance History Timeline |
| 2 | Performance Rehearsal & Technique Class |
| 3 | Performance Rehearsal & Technique Class |
| 4 | Performance Rehearsal & Technique Class |
| 5 | Performance Rehearsal & Technique Class |
| 6 | Performance Rehearsal & Technique Class |
| 7 | Performance Rehearsal & Technique Class |
| 8 | Performance Rehearsal & Technique Class |
| 9 | Performance Rehearsal & Technique Class  Performance Assessment & District Exam |