



Early Childhood Services Newsletter St. Johns County School District

The Lincolville Community Monday Fun-Day Free Preschool Series Events

Provided in partnership between the *Lincolville Museum & Cultural Center* and the *SJCSD Early Childhood Services* Department. All sessions will be held, 5:30-6:30 pm, at the Early Childhood Center, Excelsior Building, 102 Martin Luther King Ave. St. Augustine, (904)547-8965.

First Monday - Once Upon a Time: Bigger Than Books, story telling and story

Second Monday - Mystery Monday, story and seasonal parent/child activity

Third Monday—Special Fun Interactive Project

Fourth Monday - Once Upon a Mat, Children's yoga and parent activity

April 2017

Dates to remember

- ☉ **No School, April 14th**, Student/teacher holiday
- ☉ **Monday, April 17**, 5:30-6:30 pm, CPR & First Aide class, at the Excelsior Building, 102 MLK Ave., 32084
- ☉ No Head Start Policy Council this month.
- ☉ If you need accommodations or interpreting services, Please call 904-547-8965 one week prior to the event.

Why is emotional awareness important for children?

Children who are able to identify how they feel are often better able to communicate their needs. They are also more likely to understand the feelings of their friends, classmates, and the grown ups in their lives. This builds empathy, a crucial life skill.

Becoming comfortable with their feelings is important as children face new challenges and learn to manage their changing emotions.

There are simple things you can do at home to help your child learn more about emotions. Try some of these ideas:

- Ask your child how he/she is feeling. List some feeling words to chose from.
- Share how you are feeling. Be specific.
- Read stories with your child and talk about how the characters are feeling.

Pre-School for All Enrollment is open for the 2017-2018 School Year

Head Start (for eligible 3 & 4 year olds) and **VPK** (4 years old only). Your child must be age eligible by September 1st 2017, for both programs. For more information visit the St. Johns County School Districts web page at www.stjohnsk12.fl.us and look for us under departments or call 904-547-8965.

Free Events

Saturday, April 1st, *Bilingual PreK Time* for ages 2.5—5 at Anastasia Island Library. Rhymes, songs and more in both English and Spanish. For more information log onto the library's web site at www.sjcpls.org , 10:10-10:35 am.

Sunday, April 2nd, *The 136th Annual Spring Fair* at St. Ambrose Catholic Church. Offering good food, live music, family-friendly activities, antique car show, and much more. Parking and admission is free. For more information call 1-904-692-1366. 12-4 pm.

Sunday, April 2nd, *Family Day at the Rhythm & Ribs Festival*, Children under 16 are free. Live music, and fun activities for the whole family. www.rhythmandribs.net , 11am—6 pm.

Saturday and Sunday, April 15th & 16th, Free entrance admission to *National Parks weekend* to celebrate 100 years of park service. For times please check www.nps.gov

Sunday, April 16th, *The Easter Parade* begins at 3:00 pm on Easter Sunday, stepping off just north of the Mission of Nombre de Dios, heads south on San Marco Ave., continues south along the Bayfront on Avenida Menendez, and winds through downtown to finish at the Plaza de la Constitución. This year's parade will have two grand marshals this year, both NFL place kickers who attended high school here in St. Augustine. Cairo Santos graduated from St. Joseph's Academy and now plays for the Kansas City Chiefs. Caleb Sturgis, who graduated from St. Augustine High School, is now the place kicker for the Philadelphia Eagles. Cairo and Caleb will both remain at the Visitor Information Center after the parade to sign autographs. For more information visit www.oldestcityeaster.org/easter-parade

Saturday, April 22nd, See the *Castillo de San Marco National Monument* by candlelight. After hours event. Learn what the Park Rangers and volunteers do to help protect out national treasures. For more information call 1-904-829-6506. 6:00—8:00pm.

Saturday, April 29th, *St Augustine Family Fun Fest* at Francis Event Field. Adults \$5, kids 12 and under are free. All day festival with activities for the kids, Live Entertainment, Field Day Competition, Scavenger Hunt, Hands-on Activities, various vendors and food trucks. www.aomh.org , 10:00 am—8:00 pm.

April is Diabetes Month

In honor of Diabetes Month, Alisha Pennington from Wolfson Children's Hospital presented our Pre K classrooms with "I Can Eat a Rainbow". A story about eating fruits and vegetables.

Check Out These Informative and Interactive Web Sites

www.sjcfl.us This monthly news letter keeps you up to date on St. Johns County recreational facilities, programming, youth and adult athletics, special events, park information, beach access points, and unique recreational opportunities.

For your child's learning and entertainment visit the following web sites: www.starfall.com, www.PBSkids.org, www.funbrainjr.com and www.abcmouse.com

Quote from C. S. Lewis

Children are not a distraction from the more important work.
They are the most important work.