



Early Childhood Services Newsletter

St. Johns County School District

Monday Fun-Day Free Preschool Series Events

Provided by the *SJCSD Early Childhood Services* Department. All sessions will be held, 5:30-6:30 pm, at the Yates Building, 47 Orange St., St. Augustine, 32084.

First Monday - No Monday Fun Day

Second Monday - Once Upon a Time: Bigger Than Books, story telling and story

Third Monday - Cookin Kids

Fourth Monday - Once Upon a Mat - Children's yoga and Parent activity

Fifth Monday - Science is Fun

April 2017

Dates to remember

☉ No Head Start Policy Council this month.

CPR Certification

Adult, Child And Baby First Aid/CPR/AED online classes.

Financial assistance may be available for Head Start Families. For more information, call Christine Croyle at 904-547-8957.



Why is emotional awareness important for children?

Children who are able to identify how they feel are often better able to communicate their needs. They are also more likely to understand the feelings of their friends, classmates, and the grown ups in their lives. This builds empathy, a crucial life skill.

Becoming comfortable with their feelings is important as children face new challenges and learn to manage their changing emotions.

There are simple things you can do at home to help your child learn more about emotions. Try some of these ideas:

- Ask your child how he/she is feeling. List some feeling words to chose from.
- Share how you are feeling. Be specific.
- Read stories with your child and talk about how the characters are feeling.

Tina Larson, LMHC, Head Start Mental Health Consultant

Check Out These Informative and Interactive Web Sites

www.sjcfl.us This monthly news letter keeps you up to date on St. Johns County recreational facilities, programming, youth and adult athletics, special events, park information, beach access points, and unique recreational opportunities.

For your child's learning and entertainment visit the following web sites: www.starfall.com, www.PBSkids.org, www.funbrainjr.com and www.abcmouse.com

Pre-School for All, Enrollment is open for the 2017-2018 School Year

Head Start (for eligible 3 & 4 year olds) and **VPK** (4 years old only). Your child must be age eligible by September 1st 2017, for both programs. For more information visit the St. Johns County School Districts web page at www.stjohns.k12.fl.us and look for us under departments or call 904-547-8965.

Family Friendly Events

Every Saturday, St. Johns County Library District offers a variety of on going programs for children and teens including story times, LEGO Club, crafts, Read with Rover, movies, gaming and more. Please check the website for details on the programs offered at your local branch. Website: www.sjcpls.org or call 827-6925, Cost is free.

Every Saturday, Michael's Kids Club. Let your kids explore their creativity while you shop! Only \$2 per child reserves 30 minutes for your creative kid. Michael's Arts and Crafts Cobblestone Village, 10:00 am - Noon.

Saturday April 7th Yoga At The Market. The Yoga Collective is partnering with the St. Augustine Amphitheatre Farmers Market to bring you Yoga at the Market! St. Augustine Amphitheatre, 9:00 am -10:00 am. Cost: A donation based yoga class.

Saturday, April 14th. The Bartram Bash will include educational booths, kids' games and activities, yoga sessions, Live music, an 8:00 a.m. bird walk. The 54-acre park is a designated destination on the Great Florida Birding Trail and is known for its amazing butterfly garden. The event is from 8:00 a.m. to 1:00 p.m. Cost is free. Where: Alpine Groves Park.

National Park Week is April 21 through 29, 2018, and the Park Service encourages everyone to come explore the national parks, where special activities will be taking place all week. Admission is free.

Saturday, April 21st, Celebrate Earth Day at Washington Oaks Gardens State Park. Activities for the whole family will be offered, including live entertainment, prize drawings, arts and crafts vendors, and plenty of food and drink. Several environmental groups will be on hand to provide educational displays and talks. There is also a special children's section, along with a painting wall, games, live animal displays, and a potting project. Nature programs are ongoing throughout the day, covering such topic as butterflies, Florida-friendly landscaping, dolphins, and raptors. There will also be chance drawings, food and beverages, a photo contest, and plant sales. When: Saturday, April 21, 2018, from 10:00 a.m. to 4:00 p.m. Admission is \$5 per car .

Saturday, April 28, 2018, St. Augustine Family Fun Fest at Francis Events Field. A dynamic all day festival with activities for the KIDS and the KID-IN YOU! Live Entertainment, Team Obstacle Challenge, Activities with Law Enforcement and Military, "Be the Hamster" Snow Cones, Jumperamas, Face Painting, DJ Line Dancing, Games, Golf Activities, Fire Trucks, Car Smash, Costumed Characters, Community Education, Crafts, Raffle Items, Vendors, Food Trucks and MORE! For more information visit www.aomh.org All day event. Cost: Adults \$5, Kids 12 and under free.