

st johns county school district

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000636	Apple Juice - 4 OZ	NO	NO	NO	NO	NO	NO	NO	NO
000635	Apple Juice, 6oz	NO	NO	NO	NO	NO	NO	NO	NO
000064	APPLES,Fresh	NO	NO	NO	NO	NO	NO	NO	NO
000356	APPLESAUCE,SWEETENED	NO	NO	NO	NO	NO	NO	NO	NO
000601	BAKED BEANS (VEGETARIAN) 2	?	?	?	?	?	?	?	?
000068	BANANAS	NO	NO	NO	NO	NO	NO	NO	NO
000046	BBQ Chicken	YES	NO	NO	NO	NO	NO	NO	NO
000493	BBQ Sauce - PC pckt	NO	NO	NO	NO	NO	NO	NO	NO
000111	BBQ Sauce Dunk Cup	NO	NO	NO	NO	NO	NO	NO	NO
000718	Biscuit	YES	?	NO	NO	NO	NO	?	YES
000701	Black Beans	NO	NO	NO	NO	NO	NO	NO	NO
000193	Breakfast Burrito,Egg & Cheese	YES	YES	NO	NO	NO	NO	YES	YES
000722	Breakfast Skillet (Frittata)	YES	YES	NO	NO	NO	NO	YES	NO
000805	Broccoli Floret Dippers	?	?	?	?	?	?	?	?
000595	broccoli floret,frozen,steamed	NO	NO	NO	NO	NO	NO	NO	NO
000772	Buffalo Lunch Box - High	?	?	?	?	?	?	?	?
000775	Buffalo Lunch Box - Middle	?	?	?	?	?	?	?	?
000477	Carrot & Celery Dippers	NO	NO	NO	NO	NO	NO	NO	NO
000476	Carrot & Cucumber Dipper	NO	NO	NO	NO	NO	NO	NO	NO
000512	Carrot Bites	NO	NO	NO	NO	NO	NO	NO	NO
000446	Carrots, frozen	NO	NO	NO	NO	NO	NO	NO	NO
000458	CARROTS: can,cooked	NO	NO	NO	NO	NO	NO	NO	NO
000795	Celery Stick & Cucumber Dipper	?	?	?	?	?	?	?	?
000470	Celery Sticks	NO	NO	NO	NO	NO	NO	NO	NO
000190	Cereal, Apple Cinnamon Cheerio	?	?	?	?	?	?	?	?
000822	Cereal, Cinnamon Chex	NO	NO	NO	NO	NO	NO	NO	NO
000647	Cereal, Cinnamon Toast Crunch	NO	NO	NO	NO	NO	NO	YES	YES
000728	Cereal, Cocoa Puffs	?	?	?	?	?	?	?	?
000216	Cereal, Frosted Flakes, MG RS	NO	NO	NO	NO	NO	NO	NO	YES
000702	Cereal, Fruit Loops MG RS	NO	NO	NO	NO	NO	NO	NO	YES
000220	Cereal, Honey Nut Cheerios	NO	NO	YES	NO	NO	NO	NO	?
000218	Cereal, Lucky Charms WG	NO	NO	NO	NO	NO	NO	NO	NO
000724	Cereal, Rice Chex WG	?	?	?	?	?	?	?	?
000645	CEREAL,FRUITY CHEERIOS	?	?	?	?	?	?	?	?
000219	Cereal,Golden Grahams WG	NO	NO	NO	NO	NO	NO	NO	YES
000769	Cheese Calzonette	YES	NO	NO	NO	NO	NO	YES	YES
000823	Cheese Stuffed Breadsticks	YES	NO	NO	NO	NO	NO	YES	YES
000801	Cheese, Fruit & Veggie Cup	?	?	?	?	?	?	?	?
000779	Cheeseburger Lunch Box	?	?	?	?	?	?	?	?
000161	CHEESEBURGER ON A BUN	YES	NO	NO	NO	NO	NO	YES	YES
000787	Chicken Marinara & Penne	?	?	?	?	?	?	?	?
000496	Chicken Nugget	NO	NO	NO	NO	NO	NO	YES	YES
000746	Chicken Nugget - HIGH SCHOOL	NO	YES	NO	NO	NO	NO	YES	YES
000134	Chicken Quesadilla Max	YES	NO	NO	NO	NO	NO	YES	YES
000781	Chicken Sandwich Lunch	YES	?	NO	NO	NO	NO	YES	YES
000733	Chicken Tender Basket	?	?	?	?	?	?	?	?
000031	Cinnamon Apples	NO	NO	NO	NO	NO	NO	NO	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

st johns county school district

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000634	colby cheese omelet	YES	YES	NO	NO	NO	NO	YES	NO
000138	Colby Jack String Cheese Stick	YES	NO	NO	NO	NO	NO	NO	NO
000811	Cool Box 1	?	?	?	?	?	?	?	?
000813	Cool Box 2	?	?	?	?	?	?	?	?
000505	Corn Dog	YES	YES	NO	NO	NO	NO	YES	YES
000689	Corn, canned yellow	NO	NO	NO	NO	NO	NO	NO	NO
000271	CORN: frozen, yellow	NO	NO	NO	NO	NO	NO	NO	NO
000738	Cracker, Graham Chocolate Bear	NO	NO	NO	NO	NO	NO	YES	YES
000737	Cracker, Graham, Honey	NO	NO	NO	NO	NO	NO	YES	YES
000736	Cracker, Graham, Vanilla Bear	NO	NO	NO	NO	NO	NO	YES	YES
000792	Craisins, Orange Cranberry	?	?	?	?	?	?	?	?
000734	Cranberries	?	?	?	?	?	?	?	?
000272	CRANBERRY SAUCE: canned,swtnd	NO	NO	NO	NO	NO	NO	NO	NO
000377	CUCUMBER,RAW	NO	NO	NO	NO	NO	NO	NO	NO
000771	dill sandwich	?	?	?	?	?	?	?	?
000471	Dressing, Ranch Light Dunk cup	YES	YES	NO	NO	NO	NO	NO	NO
000276	Egg & Cheese Slider	YES	YES	NO	NO	NO	NO	YES	YES
000182	Egg Patties, Grilled	YES	YES	NO	NO	NO	NO	NO	NO
000370	EGG,HARD-BOILED	NO	YES	NO	NO	NO	NO	NO	NO
000185	EggStravaganza- Bacon & Cheese	YES	YES	NO	NO	NO	NO	NO	NO
000712	Fajita Chicken Salad - 10 EACH	YES	NO	NO	NO	NO	NO	NO	NO
000508	Fajita Chicken Wrap - HS	YES	NO	NO	NO	NO	NO	YES	YES
000463	Fajita Chicken Wrap- Elem	YES	NO	NO	NO	NO	NO	YES	YES
000543	Fajita Chicken Wrap- Middle	YES	NO	NO	NO	NO	NO	YES	YES
000749	French Bread Pizza	YES	NO	NO	NO	NO	NO	NO	YES
000089	Fresh Apple Slices	NO	NO	NO	NO	NO	NO	NO	NO
000637	Fruit Punch, 6 oz	NO	NO	NO	NO	NO	NO	NO	NO
000721	Fruitables Plus	?	?	?	?	?	?	?	?
000791	Garlic Breadstick	YES	NO	NO	NO	NO	NO	NO	YES
000107	Garlic Toast	YES	NO	NO	NO	NO	NO	NO	YES
000790	Garlic Toast - High	?	?	?	?	?	?	?	?
000834	Glazed Hot N' Spicy Chicken Sa	NO	NO	NO	NO	NO	NO	YES	YES
000833	Goldrush, Fruitable Plus	?	?	?	?	?	?	?	?
000639	Grape Juice, 6 oz	NO	NO	NO	NO	NO	NO	NO	NO
000640	Grape Juice- 4 OZ	NO	NO	NO	NO	NO	NO	NO	NO
000422	GRAPES,Fresh	NO	NO	NO	NO	NO	NO	NO	NO
000530	Green Beans, canned	NO	NO	NO	NO	NO	NO	NO	NO
000417	Green Beans,frozen	NO	NO	NO	NO	NO	NO	NO	NO
000817	Grilled Chicken Salad	?	?	?	?	?	?	?	?
000816	Grilled Chicken Wrap - HS	?	?	?	?	?	?	?	?
000814	Grilled Chicken Wrap- Elem	?	?	?	?	?	?	?	?
000815	Grilled Chicken Wrap- Middle	?	?	?	?	?	?	?	?
000379	HAMBURGER ON A BUN	YES	NO	NO	NO	NO	NO	YES	YES
001050	Heinz Mayonnaise PC	NO	YES	NO	NO	NO	NO	NO	NO
001052	Homestyle Chicken Sandwich	YES	YES	NO	NO	NO	NO	YES	YES
000133	Homestyle Mac & Cheese	YES	YES	NO	NO	NO	NO	NO	YES
000110	Honey Mustard Dip Sauce	NO	NO	NO	NO	NO	NO	NO	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

st johns county school district

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000162	HOT DOG ON A BUN	YES	NO	NO	NO	NO	NO	NO	YES
000345	JELLY	NO	NO	NO	NO	NO	NO	NO	NO
000764	juice, apple cherry -4oz	?	?	?	?	?	?	?	?
000269	juice, apple cherry 6oz	NO	NO	NO	NO	NO	NO	NO	NO
000835	juice, orange pineapple	?	?	?	?	?	?	?	?
000826	Katie Chicken Salad	?	?	?	?	?	?	?	?
000082	Ketchup,pc	NO	NO	NO	NO	NO	NO	NO	NO
000794	lemonade	?	?	?	?	?	?	?	?
000381	Lettuce & Tomato Cup	NO	NO	NO	NO	NO	NO	NO	NO
000827	Lisa's Garlic Parm chix sand	?	?	?	?	?	?	?	?
000703	Mandarin Oranges	NO	NO	NO	NO	NO	NO	NO	NO
000118	MAX STICKS - HS	YES	NO	NO	NO	NO	NO	YES	YES
000316	MaxStix - Elem/Middle	YES	NO	NO	NO	NO	NO	YES	YES
000172	Milk, Chocolate, Fat Free	YES	NO	NO	NO	NO	NO	NO	NO
000171	Milk, Skim Half Pint, TG Lee	YES	NO	NO	NO	NO	NO	NO	NO
000768	Milk, Strawberry FF TruMoo	YES	NO	NO	NO	NO	NO	NO	NO
000170	Milk, 1% Half Pint, TG Lee	YES	NO	NO	NO	NO	NO	NO	NO
000681	Mini Corn Dogs	YES	YES	NO	NO	NO	NO	YES	YES
000800	Mix Salad	?	?	?	?	?	?	?	?
000529	Mixed Fruit	NO	NO	NO	NO	NO	NO	NO	NO
000825	Mixed Fruit Cups	NO	NO	NO	NO	NO	NO	NO	NO
000223	MUSTARD: individual PC	NO	NO	NO	NO	NO	NO	NO	NO
000821	Nacho Lil' Bites	YES	NO	NO	NO	NO	NO	YES	NO
000740	Nachos	YES	NO	NO	NO	NO	NO	YES	YES
000167	NO BREAKFAST	?	?	?	?	?	?	?	?
000156	NO LUNCH	?	?	?	?	?	?	?	?
000145	NO SCHOOL TODAY	?	?	?	?	?	?	?	?
000774	Nugget Lunch Box - High	?	?	?	?	?	?	?	?
000773	Nugget Lunch Box - Middle	?	?	?	?	?	?	?	?
000642	Orange Juice - 4 OZ	NO	NO	NO	NO	NO	NO	NO	NO
000641	Orange Juice, 6 oz	NO	NO	NO	NO	NO	NO	NO	NO
000086	ORANGES- whole	NO	NO	NO	NO	NO	NO	NO	NO
000580	Oven Baked Chicken	YES	NO	NO	NO	NO	NO	NO	NO
000189	Pancake Sausage Minis el/mi	NO	YES	NO	NO	NO	NO	YES	YES
000207	Pancakes, Mini Maple	YES	YES	NO	NO	NO	NO	NO	YES
000761	Pancakes, Mini Strawberry	YES	YES	NO	NO	NO	NO	NO	YES
000788	Pasta & Chicken - HS	?	?	?	?	?	?	?	?
000715	Pasta & Meatballs	YES	YES	NO	NO	NO	NO	YES	YES
000714	Pasta & Meatballs - HS	YES	YES	NO	NO	NO	NO	YES	YES
000751	PBMS salad	?	?	?	?	?	?	?	?
000062	Peach cups, frozen	NO	NO	NO	NO	NO	NO	NO	NO
000093	Peaches - single serving	NO	NO	NO	NO	NO	NO	NO	NO
000088	PEACHES,FRESH	NO	NO	NO	NO	NO	NO	NO	NO
000437	PEACHES: sliced	NO	NO	NO	NO	NO	NO	NO	NO
000612	Peanut Butter & Jelly Sandwich	NO	NO	YES	NO	NO	NO	NO	YES
000205	Pear Cup	NO	NO	NO	NO	NO	NO	NO	NO
000537	Pears, diced	NO	NO	NO	NO	NO	NO	NO	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

st johns county school district

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000392	Pears, rosy	NO	NO	NO	NO	NO	NO	NO	NO
000090	PEARS,FRESH	NO	NO	NO	NO	NO	NO	NO	NO
000445	Peas, frozen	NO	NO	NO	NO	NO	NO	NO	NO
000572	PEAS: can,cooked	NO	NO	NO	NO	NO	NO	NO	NO
000770	pepperoni calzonette	YES	NO	NO	NO	NO	NO	YES	YES
000092	PINEAPPLE CHNKS:can,ltsyr	NO	NO	NO	NO	NO	NO	NO	NO
000824	Pineapple Cup	NO	NO	NO	NO	NO	NO	NO	NO
000013	Pineapple Tidbits	NO	NO	NO	NO	NO	NO	NO	NO
000087	Pizza, Breakfast, turkey saus	YES	NO	NO	NO	NO	NO	YES	YES
000378	Pizza, Cheese WG Wedge 8in	YES	NO	NO	NO	NO	NO	YES	YES
000760	Pizza, Cheese, 16in	YES	NO	NO	NO	NO	NO	YES	YES
000758	Pizza, Egg Bacon & Cheese	YES	YES	NO	NO	NO	NO	?	YES
000759	Pizza, sausage & gravy	YES	NO	NO	NO	NO	NO	YES	YES
000799	Pizza, X Pepperoni	?	?	?	?	?	?	?	?
900046	Pizza,cheese,Galaxy 4in.	YES	NO	NO	NO	NO	NO	YES	YES
000186	Popcorn Chicken	YES	YES	NO	NO	NO	NO	YES	YES
000777	Popcorn Lunch Box - High	?	?	?	?	?	?	?	?
000776	Popcorn Lunch Box - Middle	?	?	?	?	?	?	?	?
000152	Potato Triangle	NO	NO	NO	NO	NO	NO	NO	NO
000765	Potato, 3/8 Regular Cut	NO	NO	NO	NO	NO	NO	NO	NO
000808	Premium Chicken Chunk	NO	NO	NO	NO	NO	NO	NO	YES
000731	PVHS salad	?	?	?	?	?	?	?	?
000745	Raisels, Watermelon Shock	NO	NO	NO	NO	NO	NO	NO	NO
900052	RAISINS,SEEDLESS	NO	NO	NO	NO	NO	NO	NO	NO
000166	Rice, Brown, cooked	?	?	?	?	?	?	?	?
000198	RICE,Cooked White	NO	NO	NO	NO	NO	NO	NO	NO
000146	Ridgefields Sidekicks	NO	NO	NO	NO	NO	NO	NO	NO
000144	Ridgefields Slushie Cups	NO	NO	NO	NO	NO	NO	NO	NO
000789	Rodeo Cheeseburger	?	?	?	?	?	?	?	?
000518	Roll, White Wheat 2oz	YES	NO	NO	NO	NO	NO	YES	YES
000279	salad, dark greens	NO	NO	NO	NO	NO	NO	NO	NO
000197	salsa	NO	NO	NO	NO	NO	NO	NO	NO
000532	SANDWICH, ham & cheese	YES	NO	NO	NO	NO	NO	YES	YES
000571	Sauce, Marinara	NO	NO	NO	NO	NO	NO	NO	NO
000762	Sausage Biscuit	YES	YES	NO	NO	NO	NO	YES	NO
001074	Sausage Slider	YES	?	NO	NO	NO	NO	YES	YES
000673	Scrambled Egg Biscuit	YES	YES	NO	NO	NO	NO	YES	YES
000763	Scrambled Egg Slider	?	?	?	?	?	?	?	?
000183	Scrambled Eggs, precooked	?	?	?	?	?	?	?	?
000131	Sliced Cheese, LF Yellow Amer	YES	NO	NO	NO	NO	NO	NO	NO
000148	Sliced Turkey Breast & Gravy	?	?	?	?	?	?	?	?
000806	Smoothie - Island Oasis	?	?	?	?	?	?	?	?
000735	Soy Milk	?	?	?	?	?	?	?	?
000275	Soybutter & Jelly Sandwich	YES	NO	NO	NO	NO	NO	YES	YES
000710	Spicy Chicken Sandwich	YES	YES	NO	NO	NO	NO	YES	YES
000780	Spicy Chix Sandwich Lunch Box	?	?	?	?	?	?	?	?
000720	Strawberries,Frozen, ss	?	?	?	?	?	?	?	?

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

st johns county school district

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000098	STRAWBERRIES: frozen	NO	NO	NO	NO	NO	NO	NO	NO
000109	Sweet n Sour Sauce	NO	NO	NO	NO	NO	NO	NO	NO
000398	Sweet Potato Bites	NO	NO	NO	NO	NO	NO	NO	NO
000112	Sweet Potato Fries, Crisscut	NO	NO	NO	NO	NO	NO	NO	NO
000807	Sweet Red Peppers & Celery	NO	NO	NO	NO	NO	NO	NO	NO
000829	Sweet Thai Chili Chicken Bowl	NO	NO	NO	NO	NO	NO	YES	YES
000349	SYRUP,PANCAKE	NO	NO	NO	NO	NO	NO	NO	NO
000545	Taco Sauce, pc	NO	NO	NO	NO	NO	NO	NO	NO
000757	Taco, Chorizo	YES	YES	NO	NO	NO	NO	YES	YES
000180	Taco, egg, ham & cheese	YES	YES	NO	NO	NO	NO	YES	YES
000100	TANGERINES,FRESH	NO	NO	NO	NO	NO	NO	NO	NO
000793	Tea	?	?	?	?	?	?	?	?
000832	Teriyaki Chicken Bowl	NO	NO	NO	NO	NO	NO	YES	YES
000726	Toast -double	?	?	?	?	?	?	?	?
000725	Toast -single	?	?	?	?	?	?	?	?
000475	Tomato & Celery Dippers	NO	NO	NO	NO	NO	NO	NO	NO
000473	Tomato Dippers	NO	NO	NO	NO	NO	NO	NO	NO
000830	Tropical Fruit Pearls	NO	NO	NO	NO	NO	NO	NO	NO
000638	Tropical Punch - 4 OZ	NO	NO	NO	NO	NO	NO	NO	NO
000075	Turk Ham & chz sandwich- whole	YES	NO	NO	NO	NO	NO	YES	YES
001054	Turkey & Cheese Sand - whole	YES	NO	NO	NO	NO	NO	YES	YES
000750	WG Donut	YES	YES	NO	NO	NO	NO	YES	YES
000617	White Wheat Roll, 1oz	YES	YES	NO	NO	NO	NO	NO	YES
000235	Yogurt, Upstate Farms, Peach	YES	NO	NO	NO	NO	NO	NO	NO
000554	Yogurt, Upstate, Cherry Van	YES	NO	NO	NO	NO	NO	NO	NO
000236	Yogurt, Upstate, Raspberry	?	?	?	?	?	?	?	?
000238	Yogurt, Upstate, Strawb banana	YES	NO	NO	NO	NO	NO	NO	NO
000239	Yogurt, Upstate, Strawberry	YES	NO	NO	NO	NO	NO	NO	NO
000828	Zinger Basket	YES	NO	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.