

**SY 2014– 2015 Headstart Breakfast Menu
St. Johns County School District**

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Juice Cereal & Toast Variety of Milk	Fruit Juice Breakfast Taco with Egg, Ham & Cheese Variety of Milk	Fruit Juice Cereal & Toast Variety of Milk	Fruit Juice EggStravaganza & Toast Variety of Milk	Fruit Juice Cereal & Toast Variety of Milk
Fruit Juice Cereal & Toast Variety of Milk	Fruit Juice Scramble Egg Biscuit Variety of Milk	Fruit Juice Cereal & Toast Variety of Milk	Fruit Juice Breakfast Skillet Frittata & Toast Variety of Milk	Fruit Juice Cereal & Toast Variety of Milk

"This institution is an equal opportunity provider."

Choice of Milk:

Fat Free or Low Fat (1%) Unflavored Milk

Juice:

Monday, Wednesday, Friday 4oz Orange

Tuesday, Thursday 4oz Apple

Choice of Headstart Cereals

Reduced Sugar Cinnamon Toast Crunch, Multi Grain Cheerios, Honey Nut Cheerios, Golden Grahams , Rice Chex

*** Menu cycles every 2 weeks**