

2017-2018

St. Johns County School District

Pre-K Calendar



Welcome to the 2017-2018 school year!

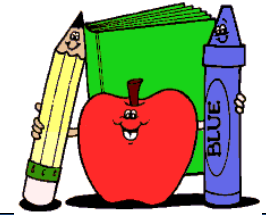
What an exciting time for our youngest learners! This year will be a time of learning, sharing new experiences and having fun.

We hope you will find this calendar to be a good resource for not only district related information, but also for information related specifically to our Pre-K families. Come check out our Monday Funday events throughout the year. This is a time for kids to learn and have fun outside of the classroom. Parents, we have added a new component to our Monday Fundays just for you — a parenting curriculum will be offered once a month (see calendar for specific dates).

Monday Fundays are held 5:30pm –6:30pm at the Yates Building—47 Orange Street in St. Augustine.



August 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Optional Planning Day	3 Teacher Inservice Day 	4	5
6	7	8	9	10 First Day of School 	11	12
13	14	15	16 Early Release 1:50pm	17	18	19
20	21	22	23 Early Release 1:50pm	24	25	26
27	28 Monday Funday — Once Upon a Mat/ Children's Yoga, & Parent Meeting 5:30pm Yates 47 Orange Street	29	30 Early Release 1:50pm	31		Character Counts! Pillar of the Month: All Pillars

Health/Wellness

It is recommended that children are physically active for at least 60 minutes throughout the day. Activities should be moderate intensity and developmentally appropriate. Activities at this age include riding a bike, jumping rope, swimming, running around on the playground and taking a brisk walk. Physical activity should be part of your child's daily routine to help maintain a healthier body and mind.

Family Fun

Go on a learning walk with your child. Visit a local park or playground, or even just take a stroll through your neighborhood. On one walk, focus on the different sounds that you hear and talk about them with your child. On another walk, play "I spy" to focus on all the different colors that you see.

Reading/Language

Choose a book to read with your child for an entire week, but change up how you go through the book as you go through the week. Start by reading the story straight through to your child, just enjoying the story. Maybe one day just look over the pictures and ask your child questions about the pictures. You could also have your child tell you a story just by going through the pictures.

Parenting Tips

Having a daily routine at home is not only beneficial for parents, but also for your preschooler. Work with your child on setting a timeline for a typical school day and try to stick to it. For example:

7 a.m. Wake-up

7:15 a.m. Get dressed

7:30 a.m. Brush teeth

8:00 a.m. Off to school

September 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
September Pillar: Fairness		* Monday Fundays are held at the Yates Building—47 Orange Street, 32084			1	2
3	4 Labor Day— No School	5	6 Early Release 1:50pm	7	8	9
10	11 Monday Funday— Cookin’ Kids 5:30pm	12	13 Early Release 1:50pm	14	15	16
17	18 Monday Funday— Science is Fun 5:30pm	19	20 Early Release 1:50pm	21	22	23
24	25 Monday Funday— Once Upon a Mat/ Children’s Yoga; Parent Curriculum— Building your child’s confidence; Policy Council 5:30pm	26	27 Early Release 1:50pm	28	29	30

Reading/Language

- Have conversations with your children. Beginning with sounds and gestures, children gradually learn to use words and then sentences to take their turn in the conversations with you.

Health/Wellness

- Share a healthy snack with your child. Try some of the fruits and vegetables that are currently in-season such as apples, broccoli, pears, pumpkins and sweet potatoes.

Parenting Tips

- Play a game with your child, but this time do it without instructions. Let your child take the lead.
- Model cooperation by doing what your child asks you to do.

Family Fun

- Get out and enjoy the fresh air:
 - Visit a local farmer's market or pumpkin patch.
 - Have a family picnic at the park.
 - Walk, walk walk!



October 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Monday Funday — Bigger than Books 5:30pm	3	4 Early Release 1:50pm	5	6	7
8	9 Monday Funday — Cookin' Kids 5:30pm	10	11 Early Release 1:50pm	12	13 First Quarter Ends	14
15	16 Teacher Planning Day Student Holiday 	17	18 Early Release 1:50pm	19	20	21 Paint a small pumpkin.
22	23 Monday Funday — Science is Fun 5:30pm	24	25 Early Release 1:50pm	26	27	28
29	25 Monday Funday — Once Upon a Mat/ Children's Yoga Parent Curriculum— Promoting your child's language. 5:30pm	31				October Pillar: Responsibility

Reading/Language

Go to the library and pick two books with the same character. Talk about how the character is different in each book.

Health/Wellness

Beat stress by taking a few quiet moments to yourself. This is a useful tip for both parents and their children.

Parenting Tips

- * Cuddle with your child when he/she is hurt or scared. Stay calm yourself.
- * Praise your child when he/she is frustrated with a task.
- * Help describe your child's feelings (for example, "You look proud of that drawing").

Family Fun

Let the kids help plan and prepare one meal each week. Take a trip to the grocery store together and talk about the ingredients needed for the recipe.

November 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
November Pillar: Citizenship			1 Early Release 1:50pm	2	3	4
5	6 Monday Funday — Bigger than Books 5:30pm	7	8 Early Release 1:50pm	9	10 Veteran’s Day— Student Holiday 	11
12	13 Monday Funday — Cookin’ Kids 5:30pm	14	15 Early Release 1:50pm	16	17	18 Make a hearty soup for dinner.
19	20 Monday Funday — Science is Fun 5:30pm	21	22	23	24	25
Thanksgiving Break Nov 22—24						
26	27 Monday Funday — Once Upon a Mat/Children’s Yoga; Parent Curriculum- Emotional empathy; Policy Council 5:30pm	28	29 Early Release 1:50pm	30		

Reading/Language

Write your child's name on a strip of paper and cut it up to make a name puzzle. Play hide and seek in the house with the letters. Have your child find all of the letters to put the puzzle back together.

Parenting Tips

Enjoy play time as a family. Although it is a busy time of the year, make family play time a priority. Show your kids that time together can be fun!

Health/Wellness

With all of the holiday gatherings and parties, we have the tendency to eat more. Try having a big glass of water to fill you up before a party and eat holiday-rich foods sparingly. Don't forget to stay active! Take a brisk walk to reduce the holiday stress.

Family Fun

Bake some holiday treats together as a family. Get the kids involved in the whole process from the setup ingredients to the cleanup of the dishes. Enjoy the treats together and be sure tell your kids what a big help they were in the kitchen.

December 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Monday Funday — Bigger than Books 5:30pm	5	6 Early Release 1:50pm	7	8	9
10	11 Monday Funday — Cookin' Kids 5:30pm	12	13 Early Release 1:50pm	14	15	16
17	18 Monday is Funday — Once Upon a Mat/Children's Yoga. Parent Curriculum-Building Cooperative Friendships. 5:30pm	19	20 Early Release 1:50pm	21 Second quarter/ first semester ends Early dismissal: 1:50	22 Winter Break Starts	23 <i>Set-up play dates with friends.</i>
24	25	26	27	28	29	30
<p>← Winter Break for students and teachers →</p>						
31						December Pillar: All Pillars

Reading/Language

Join in your child's play and ask questions. For example, if your child is playing with Legos or blocks, you could ask, "who is going to live in that building?" Give your child time to reply and then add a comment or ask another question to keep the conversation going.

Health/Wellness

100 calorie snacks:

- ◇ 1 medium apple
- ◇ 1 small baked sweet potato
- ◇ 2 cups popcorn with 1 tsp of butter
- ◇ 3 medium carrots
- ◇ 1 1/2 graham crackers
- ◇ 1 hard-boiled egg



Parenting Tips

Read a story with your child and talk about how a character may be feeling. Ask your child how he/she is currently feeling. List some feeling words for your child to choose from. Then share how you are feeling. Be specific.




Family Fun

Pick a favorite song or nursery rhyme and sing it together with your child every night at bedtime for a week or two. Write the title of the song on a piece of paper and have your child draw a picture about the song.



January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Have a dance party with your kids	1 ← Winter Break for students and teachers →	2	3	4	5 Teacher Planning day/ Student Holiday	6
7	8 Classes resume— second semester begins 	9	10 Early Release 1:50pm	11	12	13
14	15 Martin Luther King Day—Student Holiday 	16	17 Early Release 1:50pm	18	19	20
21	22 Monday is Funday— Science is Fun Policy Council 5:30pm	23	24 Early Release 1:50pm	25	26	27
28	29 Teacher Inservice Day—Student Holiday 	30	31 Early Release 1:50pm			January Pillar: Respect

Reading/Language

Share a cute valentine riddle with your kids:

Knock knock.

Who's there?

Olive

Olive who?

Olive you!



Health/Wellness

♦ Try this sweet treat with your little one:

♦ Remove the stem from some strawberries and slice them from top to bottom (looks like little hearts).

♦ Serve the slices with a dip of cherry yogurt.

Parenting Tips


Three words mean so much—count how many times you can tell your child “I love you” in one day.

Family Fun

Draw and cut out heart shapes with your child. Make a Valentine card for your loved ones using the cut-out hearts. Encourage creativity!

February 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
February Pillar: Caring				1	2	3
4	5 Monday Funday — Bigger than Books 5:30pm	6	7 Early Release 1:50pm	8	9	10
11 Make Valentine cards for loved ones.	12 Monday Funday — Cookin' Kids 5:30pm	13	14 Early Release 1:50pm	15	16	17
18	19 Presidents Day- Student/Teacher Holiday 	20	21 Early Release 1:50pm	22	23	24
25	26 Monday Funday — Once Upon a Mat/Children's Yoga; Parent curriculum:- "Love" on your kids! 5:30pm	27	28 Early Release 1:50pm			

Reading/Language

Bubbles—practice using the present progressive “-ing” ending action words like: pouring, dumping, blowing, popping, catching.

Health/Wellness

Get outside and enjoy the spring air! Dance, run, jump, just play with your child

Parenting Tips




Is your child frustrated? Give them a bottle of bubbles and let them blow them outside!

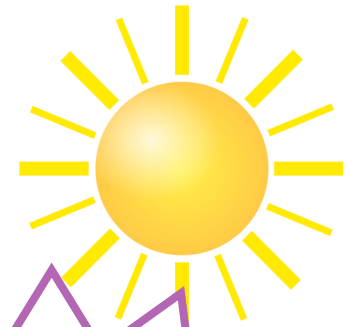
Family Fun

Buy flower or vegetable seeds and plant them in a cup. Watch them grow in a cup on your windowsill.

March 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
March Pillar: Trustworthiness				1	2	3
4	5 Monday Funday — Bigger than Books 5:30pm	6	7 Early Release 1:50pm	8	9	10
11	12 Monday Funday — Cookin’ Kids 5:30pm	13	14 Early Release 1:50pm	15 Third Quarter Ends	16 Teacher Planning Day/ Student Holiday 	17
18	19 Monday Funday —Once Upon a Mat/Children’s Yoga. Parent Curriculum-Assist your child to stay calm when frustrated. Policy Council 5:30pm	20	21 Early Release 1:50pm	22	23	24 <i>Go for a walk with your child.</i>
25	26	27	28	29 	30	31
						



Parenting Tips

Engage your child while doing chores around the house (Example: "I am folding three shirts and two pairs of red socks.")

Health/Wellness

Little ones love to imitate adults and will mimic your eating habits. Take advantage of that curiosity and substitute healthier food choices at the dinner table.

Reading/Language

Encourage a conversation about what might happen in a book if the main character made a different choice.

Family Fun

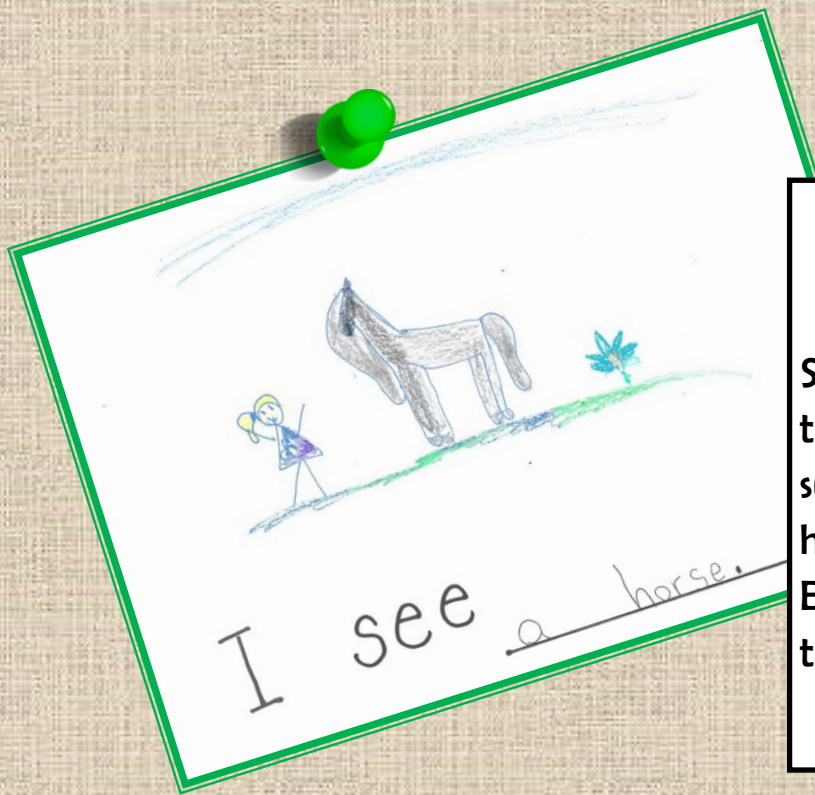
Visit a library and let your child check out a book.



April 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Classes resume for students	3	4 Early Release 1:50pm	5	6	7
8	9 Monday Funday — Bigger than Books 5:30pm	10	11 Early Release 1:50pm	12	13	14
15	16 Monday Funday — Cookin’ Kids 5:30pm	17	18 Early Release 1:50pm	19	20	21 <i>Check out a book at your local library.</i>
22	23 Monday Funday — Science is Fun 5:30pm	24	25 Early Release 1:50pm	26	27	28
29	30 Monday Funday — Once Upon a Mat/Children’s Yoga; Parent Curriculum- Helping your child solve problems 5:30pm					April Pillar: All Pillars



Health/Wellness

Sun and fun are just around the corner—don't forget the sunscreen! And staying hydrated is just as important. Eight glasses of water a day is the recommendation.



Parenting Tips

Work with your child to write down three things that your child accomplished this past school year that made you proud. Give him/her a "job well done!"

Reading/Language

Even though school is out, continue to read! Keep a log of how many books you read with your child over the summer.

Family Fun

Enjoy the outdoors! Lay on a blanket outside and look up at the clouds or stars. Ask your child what he/she sees.

May 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
May Pillar: Citizenship		1	2 Early Release 1:50pm	3	4	5 End of the year Pre-K event—Fountain of Youth
6	7 Monday Funday— Bigger than Books 5:30pm	8	9 Early Release 1:50pm	10	11	12
13	14 Monday Funday— Cookin' Kids 5:30pm	15	16 Early Release 1:50pm	17	18	19
20	21 Monday Funday— Science is Fun 5:30pm	22	23 Early Release 1:50pm	24 Last Day for Students Early Release 1:50pm	25 Last day for Teachers Teacher Planning Day	26 Have a water day at home.
27	28	29	30	31		



Enjoy your summer!



St Johns Country School District Early Childhood Services School Readiness Goals:

- ♦ **SJCSD Early Childhood students will enter kindergarten physically well, healthy, and with developmentally appropriate motor skills.**
- ♦ **SJCSD Early Childhood students will enter kindergarten with the skills necessary to foster social relationships, maintain healthy relationships, regulate behavior and emotions, and develop a healthy personal identity.**
- ♦ **SJCSD Early Childhood students will enter kindergarten with the skills necessary to stay focused, interested, and engaged in academic and social activities.**
- ♦ **SJCSD Early Childhood students will enter kindergarten with the skills necessary to understand and communicate effectively. SJCSD Head Start students will enter kindergarten with appreciation and knowledge of books, phonological awareness, alphabet knowledge, and print concepts.**
- ♦ **SJCSD Early Childhood students will enter kindergarten with the ability to think, reason, and use**



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