

# FEBRUARY 2012

# ST JOHNS COUNTY SCHOOL DISTRICT SECONDARY MENU

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>Students have a choice of one Entrée &amp; two Fruit &amp;/or Vegetable Choices. Choice of Milk is served with all complete meals.</p> <p>Additional items may be served Ala Carte vary by school and are not included in the school lunch</p>		<p><b>1</b></p> <p>Oven Baked Chicken with a Roll Chef Boyardee Ravioli with a Roll</p> <p>Sweet Peas Sliced Strawberries Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>2</b></p> <p>Breaded Beef Fingers with a Roll Chicken Quesadilla Max</p> <p>Mixed Vegetables Cinnamon Apples Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>3</b></p> <p>Macaroni &amp; Cheese with a Roll Assorted Pizzas</p> <p>Seasoned Green Beans Pears Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>
<p><b>6</b></p> <p>Chicken Nuggets with a Roll Cheese, Bean, &amp; Rice Stuffed Vegetarian Sandwich</p> <p>Carrot Rounds Applesauce Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>7</b></p> <p>Cheeseburger on a Bun BBQ Chicken with a Roll</p> <p>Baked Beans Lettuce, Tomato, Pickle Cup Pineapple Tidbits Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>8</b></p> <p>Mini Corn Dogs Tacos with lettuce, tomato, cheese cup</p> <p>Whole Kernel Corn Mixed Fruit Cup Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>9</b></p> <p>Fish Sandwich on a Bun Assorted Pizzas</p> <p>Seasoned Green Beans Sliced Peaches Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>10</b></p> <p>Spaghetti &amp; Meat Sauce with Garlic Breadstick Grilled Chicken Sandwich on Whole Wheat Bun</p> <p>Sweet Peas Diced Pears Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>
<p><b>13</b></p> <p>Asian Glaze Chicken over Rice Beef Quesadilla Max</p> <p>Oriental Blend Vegetables Mixed Fruit Cup Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>14</b></p> <p>Popcorn Chicken with a Roll Deli Sandwich on Whole Wheat Bun with Yogurt</p> <p>Oven Baked Potato Fries Valentine's Day Ice Cream Cup Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>15</b></p> <p>Hot Dog on a Bun Twisted Stix with Marinara Dipping Sauce</p> <p>Carrot Coins Sliced Strawberries Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>16</b></p> <p>Chicken &amp; Rice with a Roll Assorted Pizzas</p> <p>Steamed Broccoli Florets 100% Fruit Sidekick Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>17</b></p> <p>Cheese Tortellini with a Roll Breaded Beef Fingers with a Roll</p> <p>Mixed Vegetables Cinnamon Apples Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>
<p><b>20</b></p> <p>Presidents' Day Student / Teacher Holiday</p>	<p><b>21</b></p> <p>BRUNCH FOR LUNCH</p> <p>Breakfast Biscuit French Toast Sticks with Yogurt</p> <p>Potato Triangles Applesauce Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>22</b></p> <p>Oven Baked Chicken with a Roll Assorted Pizza</p> <p>Seasoned Green Beans Pineapple Tidbits Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>23</b></p> <p>Chicken Quesadilla Max Chef Boyardee Ravioli with a Roll</p> <p>Whole Kernel Corn Sliced Apples Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>24</b></p> <p>Macaroni &amp; Cheese with a Roll Breaded Chicken Sandwich</p> <p>Sweet Peas Fruit Cup Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>
<p><b>27</b></p> <p>Chicken Nuggets with a Roll Home Style Chili with a Roll</p> <p>Tater Tots Cinnamon Applesauce Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>28</b></p> <p>Mini Corn Dogs BBQ Chicken with a Roll</p> <p>Corn Fruit Crisp Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>	<p><b>29</b></p> <p>Mini Twin Jalapeno Burgers Fish Sandwich on a Bun</p> <p>Baked Beans Lettuce, Tomato, Pickle Cup Diced Pears Assorted Fresh Fruit &amp; Fruit Juices Variety of Milk</p>		

" This institution is an equal opportunity provider and employer."